

# Birmingham University Sprints 17<sup>th</sup> June 2018

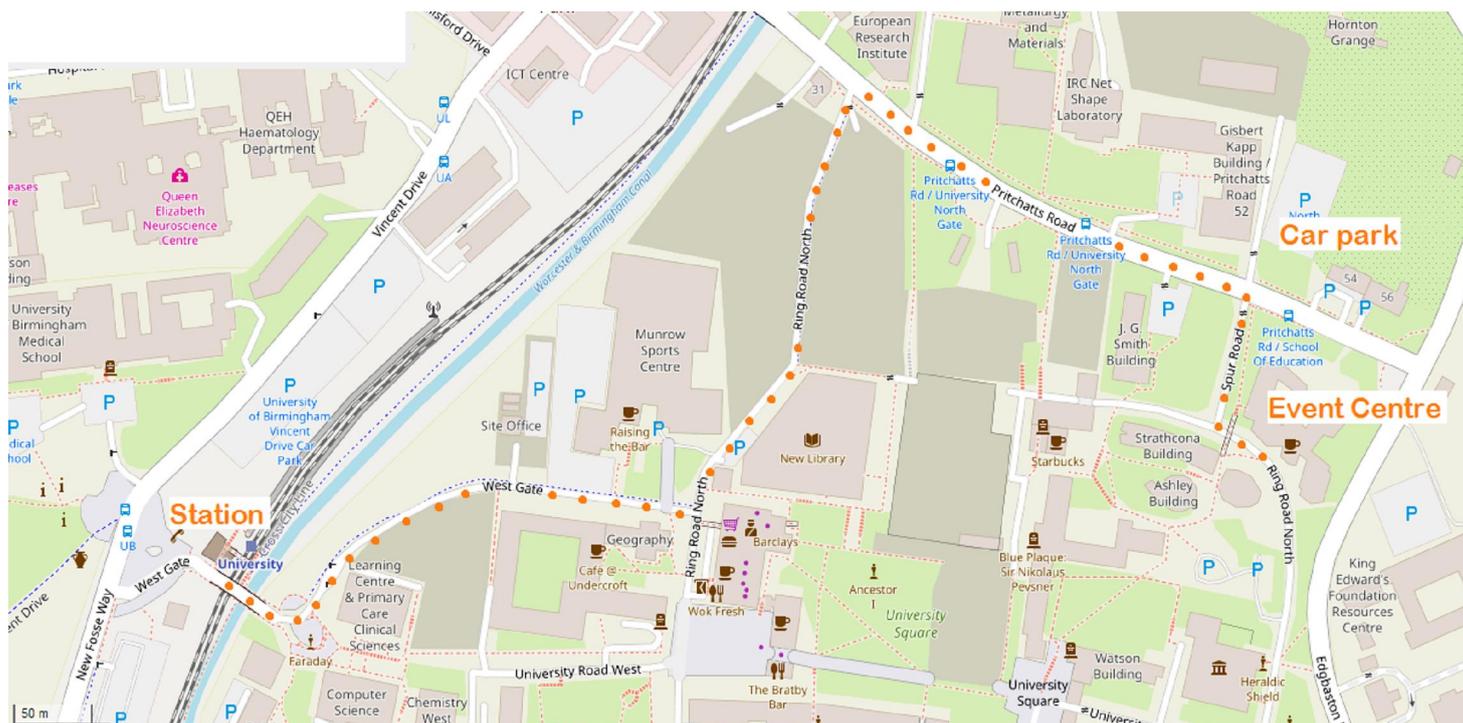
A UK Urban League and West Midlands Urban League event

Event information version 4.6 please check the website for updates in the week before the event.

## Venue

The event centre is the School of Education, Pritchatts Road, Birmingham B15 2TT. If coming by car, please approach from the south east (ie up Edgbaston Park Road from the A38 Bristol Road) in order to reduce the amount of traffic in the competition area. Parking is in the University's North East multi-storey car park (B15 2SA, OS Grid Ref SP051837), which is opposite the School of Education on Pritchatts Road. Parking is free of charge.

If coming by train, University station is 1km/10 mins from registration. Please follow this route from the station (shown by orange dots):



Registration will be open in the School of Education (ground floor lobby) from 9.30 am till 12 noon. Please note that Registration for part 1 will close at 11.15am to allow competitors time to get up to the part 1 start which is 10 mins walk away. From 11.15am-12 noon it will only be possible to enter part 2.

Facilities: toilets, unisex changing room, drinking fountain, bag storage. Please don't walk around the nicely carpeted floors in dirty trainers! Disposable overshoes will be

provided. Please do not wear shoes with metal studs (dobbs) inside the building.

Food and drink: there are a limited number of outlets open on campus on a Sunday. Costa Coffee in the Sports Centre and the SPAR shop in University Centre are expected to be open.

Dogs are allowed, but please keep them on a lead while on campus.

Shorts may be worn.

Compulsory for all starters:

Bibs. Please reuse your bib from Castle Vale if you have one, otherwise you will need to collect one from Registration. Information about competitor bib numbers will be posted on <http://www.harlequins.org.uk> and at Registration.

SI card, whistle (juniors only). Recommended: compass

Consider bringing water, sun cream, head cover, especially if it's a hot day.

## **Entry**

Pre-entries via Fabian4: <http://www.fabian4.co.uk/> are now closed

Fees:

Entry on the day: Seniors £10 (non-members £12) Juniors £5

SI-card hire for the day: £1

Birmingham University staff and students can enter on the day for an all-inclusive fee of £5 for both races or £3 for one race. Please bring evidence of status. There will be a briefing at 10:45am at registration for newcomers.

UK Urban League courses are as follows, but participants are free to run whichever course they feel is appropriate for them.

Course	Competitors
1	Young Juniors (12 and under )
2	Juniors (16 and under )
3	Men Open
4	Women Open, Men Vets (40+)
5	Women Vets (40+), Men Supervets (55+)
6	Women Supervets (55+), Men Ultravets (65+)
7	Women Ultravets (65+), Men Hypervets (75+)
8	Women Hypervets (75+)

## **Distances** (subject to controlling)

Distances quoted are measured in a straight line through buildings and other obstacles. Actual race distances will typically be over 30% longer.

Course number	Part 1 distance	controls	part 2 distance	controls	Total distance
1	1.3 km	12	1.6 km	11	2.9 km
2	1.9 km	17	1.9 km	11	3.8 km
3	2.9 km	20	3.1 km	17	6.0 km
4	2.9 km	20	2.8 km	17	5.7 km
5	2.7 km	16	2.5 km	16	5.2 km
6	2.3 km	16	2.3 km	12	4.6 km
7	2.0 km	14	2.2 km	13	4.2 km
8	1.9 km	17	1.9 km	11	3.8 km

Due to the nature of the area, some of the legs on course 1 are more technical than usual.

## **Starts**

Both parts will have punching starts. Part 1 start times for pre-entered runners will be allocated into 15-minute blocks according to the preference expressed at Entry. The time given is the start of that time block; so 10:45 indicates 10:45-11:00, for example. But if you are early or late for your allocated block, you can start on the next free time for your course.

### Part 1 (1km / 10min walk from parking/registration) **10.30 – 11.30 am**

- The route to/from the start crosses public roads. Juniors under the age of 16 must be accompanied by a responsible adult.

- If the weather is bad, there will be a clothing dump (not supervised). Please remember to pick up your belongings when you finish.

NB There are no toilets at the Part 1 start. Please use the toilets available in the School of Education.



Part 2 (next to event centre) **12.30 – 1.30 pm**

At the Starts competitors will queue for free start times, with runners starting at 1-minute intervals. When you start, punch the start control, pick up your map, and go. Separate control descriptions will be available.

## **Finishes**

There are two finishes for Part 1: each is a short distance from the Part 1 Start.

There is only one Finish for Part 2, adjacent to the event centre.

Courses close 2.30 pm.

## **Results**

The results of both Parts will be aggregated for the purposes of final results listings.

## **Terrain**

Part 1. The Vale is an area of student dormitories in a bowl-shaped grassy area centred on a small lake. The area is mostly sloping with many paths, service roads and areas of trees. Shoes with some grip (but not metal dobbs) might be useful, especially if the weather has been wet.

Please take care when crossing roads at all times. All roads will be open to traffic and there are no marshalled road crossings on any course. It is your responsibility to cross roads safely. Runners on all courses may encounter vehicles on car parks and service roads.

Course 3, 4 and 5 involves one road crossing. There is an advisory crossing point shown on the map.

Any junior aged under 16 on the day of the event wishing to run courses 3, 4 or 5 **MUST** be accompanied by a responsible adult.

The Vale contains a lake. Take care when near the water and only cross using the bridges.

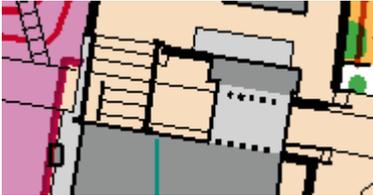
Part 2. The main university campus is a mainly flat, compact area of about forty buildings with paths, roads and lawns between. Very fast. There is an old map (2010-02-13) online at <http://www.hoc.routegadget.co.uk/rg2/#2> but there have been several changes and there's ongoing construction work.

Courses 3 and 4 involve road crossings.

Any junior aged under 16 on the day of the event wishing to run courses 3, 4 or 5 MUST be accompanied by a responsible adult.

All competitors should note that on the part of the map shown below, which is quite close to the afternoon finish, the road which goes from west to east passes first under a bridge (which has steps on it!) and then under part of the building. The road is passable (except for where it is shown as out of bounds).

□



## Maps

Scale 1:4000 (2.5m contours) on waterproof paper, produced in 2017/18 by Dave Peel and Alison Sloman.

Because of construction work there are several uncrossable areas shown with a pink overprint. Competitors entering these or other out-of-bounds areas will be

### **DO NOT CROSS OR ENTER FEATURES BELOW**

If you do, you will be disqualified. Please report breaches to event organisers.

<u>fence - Impassable</u>	
<u>wall - Impassable</u>	
<u>hedge</u>	
<u>building</u>	
<u>swamp</u>	
<u>water - Impassable</u>	
<u>Impassable bush</u>	
<u>private property, garden ) environmentally sensitive )</u>	
<u>temporary out of bounds</u>	

disqualified. Please pay special attention to the following map features:

On control descriptions, a T symbol refers to a tower, mast or chimney.

- Competitors should be aware of the following:

"The minimum separation of controls is 15m (or 30m if the control sites are on similar features). These separations are measured around impassable objects rather than being straight line distances." (paragraph 10.3.4 of the course planning section of the BO rules)

## **Safety**

Competitors take part at their own risk. Traffic on campus roads is very light but does exist ó competitors must remain vigilant regarding vehicles and cyclists at all times. The campus areas feature many obstacles such as steps (only some of these are marked on the map), kerbs, bushes, bike racks, low walls and fences, etc. Runners should adopt a policy of õsafety firstö and be aware of their footing. Please be considerate to pedestrians and other runners ó take particular care when rounding corners. If a pedestrian on campus complains that a competitor has collided with them we will investigate the incident and may disqualify the competitor.

Please note that the route from the car park to the Event Centre crosses a public road, and care must also be taken when entering or leaving the car park.

The entire area (both Parts) is bounded on the north west side by a canal. It is not anticipated that the courses will require access to the canal, but any competitor inadvertently approaching it must take account of the hazard and take appropriate care.

Courses 3, 4 and 5 cross public roads in both the morning and afternoon races. We have surveyed the roads concerned and decided that traffic is light enough and slow enough not to require timed-out crossings ó however, competitors must be aware of vehicles and cycles at all times. The maps indicate suitable crossing points, but these are optional.

Any competitor who has started a course MUST report to Download in the Event Centre before leaving the area.

There will be a first aid post at the event centre; medical emergencies can be dealt with at the Queen Elizabeth Hospital A&E department, which is adjacent to the university campus.

## **Photography**

British Orienteering has recently published guidance regarding taking photos at events. For more information click on the following link:

<https://www.britishorienteering.org.uk/index.php?pg=193&viewmail=547>

If anyone is coming to the event with the intention of taking photographs please contact the Organiser and ensure that you are following the above guidance. If anyone does not wish to have their photograph taken please let the Registration Team know.

## **Officials**

Organisers Ian Gamlen (COBOC) and Robert Vickers (HOC)  
Planner Adrian Bailey (HOC)  
Controller Ray Collins (WCH)

## **Enquiries**

Please check the HOC website for any late information. If necessary, contact Ian Gamlen on 07941 730771 or [ian.gamlen@virgin.net](mailto:ian.gamlen@virgin.net)

## **Acknowledgements**

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