

Yvette Baker Trophy Final

Arrow Valley Country Park
Battens Drive, South Moons Moat, Redditch. WORCS. B98 0LJ
Sunday 1st July 2018

FINAL DETAILS

TRAVEL

Please note car parking for orienteers is NOT at the Visitors' Centre nor in normal user car parks since these are heavily used at week-ends and overhead barriers operate on other roads leading into the park preventing access to large vehicles.

Access to parking for orienteers within the park and adjacent to the assembly Area is via the roundabout under the Coventry Highway (A4023) at the junction of Battens Drive (B4497) with Paper Mill Drive (also B4497).

Drivers are strongly recommended to check on Google where traffic difficulties are likely to occur. Currently there are slow sections on the M6 and on the M5 which need to be negotiated. (Start times cannot be changed.)

The M42 is accessible from the M40, M5 and M6.

Leave the M42 at Junction 3, travel south on the A435 (at this point signed to Evesham). After approximately 3 miles, and at the fifth exit left (signed Redditch & Bromsgrove), take the slip road which swings round under the dual carriageway (A435) and onto the A4023 (Coventry Highway). Follow brown signs to Arrow Valley Country Park but look out for orienteering signs. Go straight across at the first roundabout, under an overhead road bridge and soon afterwards proceed down a slipway on the left signed to Church Hill and several other places.

Ignore the turning on the left with signs to Arrow Valley Park (Battens Drive, B4497) but continue for about 40 metres on to the large roundabout. The entry to the orienteers car park is off this roundabout further on the left, immediately after the turn into Battens Drive. As you approach, the marshals will direct you to the parking areas.

Warning to vehicle drivers: We have learned that the organisers of the triathlon competition taking place on the previous day will be dismantling the equipment they need for a Saturday night on Sunday morning and will need to exit from space allocated very near our parking area. They will be using the very same exit that we will be using to enter! The marshals will accommodate the procedure. Please help them by being patient if there happens to be a contraflow!

PARKING

Please follow the instructions of the marshals. All participants are requested to aim to arrive before the start of the competition at 12.30 hrs

Please note: there is no charge for parking.

To avoid the risk of accident due to reversing of large vehicles, we are asked by Redditch Borough Council to park any coaches/minibuses near the hedge in agreed positions to the east of the parking area. Children are asked to remove their belongings from their parked vehicles and not to return until the end of the competition.

The aim at the end of the competition is for such vehicles to exit the parking field in a forward direction.

Once the competition has started, therefore, if reversing of vehicles is necessary, marshals will assist coach drivers to reverse their vehicles to an agreed different position so that they will travel only in a forward direction to exit the park.

Children who have travelled in a coach, therefore, need to be aware that their vehicle may not be in exactly the same place as where they were dropped off!

Your support in following this procedure would be very much appreciated since the safety of children in our care is paramount.

CHANGES ON THE DAY

Any team changes on the day should be logged on the Start List given to clubs when you call at Registration to report your arrival.

These should then be taken to the Download tent where officials will amend information on the system. Children so affected will be given an explanatory slip noting change of details to give to the Start Officials.

DOGS

Several dog owners walk with their dogs in the park but these are usually kept well under control. In the unlikely event of a dog chasing a child whilst they are orienteering, the participant should stop running and ask the dog owner to put the dog on a lead.

Any dogs in the parking and assembly areas should be kept on a lead. Owners should clean up after their own dogs.

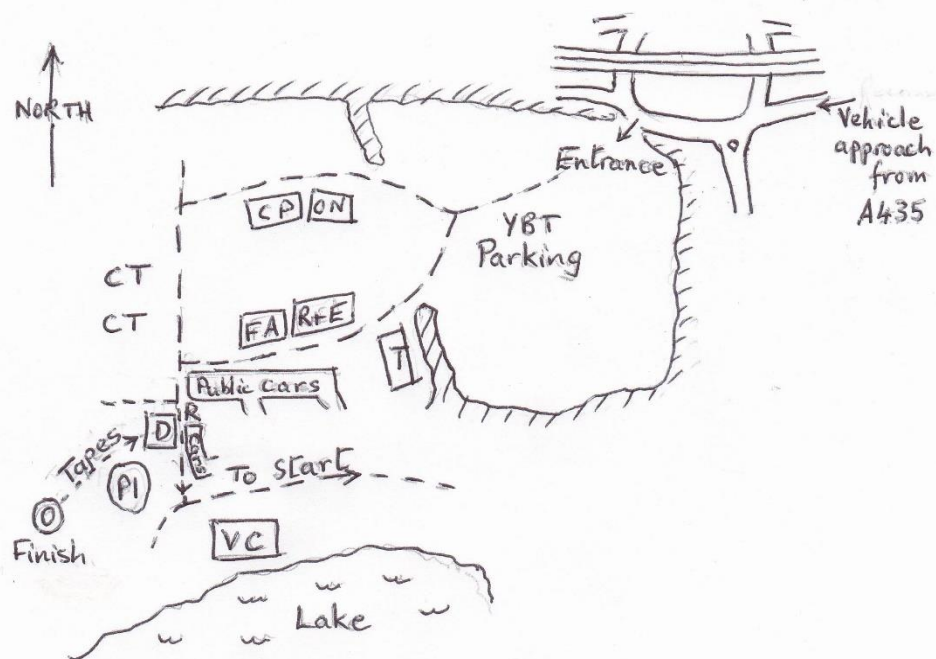
FACILITIES

Registration/Enquiries is located in the Assembly Field. **First Aiders** will be located in a tent close by. The **Download Point** (with results on the gate leading to the car park for disabled people) and drinks table for the use of competitors is on the route from the Finish to the Assembly Area.

Mobile toilets have been provided for orienteers and supporters since those inside the VisitorsqCentre are reserved for people using the Café. These will be situated near to the parking area, but in the Assembly field on the other side of the hedge.

Additional play facilities are also to be found in the park though in some cases age limits apply. Volley-ball and Frisbee Golf are other alternatives.

O-Nosh will be providing hamburgers, hot dogs and other popular snacks and drinks from their catering van parked in the Assembly Area. Ice-cream, fruit and other snacks with hot and cold drinks are served in the **Visitors' Centre Café**.



Sketch-map, not to scale

- CP Compass Point
- CT Club tents
- D Download
- FA First Aid
- ON O-Nosh
- PI Playground
- R Results
- R+E Registration + Enquiries
- T Toilets
- VC Visitor Centre

Compass Point will be in attendance with a selection of orienteering kit, whistles and equipment for purchase. They will be in the Assembly Area near O-nosh

Please advise children to bring money if they wish to take advantage of such services.

HEALTH AND SAFETY

First Aid

All competitors take part at their own risk and are responsible for their own safety. Should anyone need First Aid, Robert Vickers and/or Carole Sparke, accredited First Aiders, will be available near Registration in the First Aid tent.

Health problems

Any child for whom an inhaler has been prescribed should carry it with them.

Whistles

All competitors should carry a whistle which should only be used in the case of emergency. The signal for distress (six long blasts with a gap before this is repeated) should be used if help is needed urgently.

NO WHISTLE - NO GO!

Please note: A few whistles will be available at the Start in case a child has forgotten theirs.

Marshals

Marshals will be available at strategic points on the terrain. Children should be told NOT to ask strangers for help. All HOC officials (apart from the Download team) will wear yellow fluorescent tabards usually with the Harlequin image. They can all be approached for help.

Water Safety

Children should NOT go into any lakes or rivers. The main river running down the western side of the map must only be crossed by using the bridges (which are shown on the map). In the unlikely event of hearing someone shouting for help in the water, children should blow their whistle (6 long blasts) to attract the attention of a responsible adult.

Traffic and other users on Park roads.

Traffic is a hazard. Orienteers need to take care not only in the parking area but also in the terrain as cyclists (some of whom are racers) and car users are allowed to use park roads. . Please obey the marshals who will be located at obvious crossing points. Traffic warning signs will be placed on these roads to alert any drivers that runners will be crossing.

All MAIN roads on the edge of the park are out of bounds.

There is also an elevated main road which crosses the park. Children who visit controls in the southern half of the map must pass on the path UNDER this road.

Download

Once started all children **MUST** report to the Download point even if they do not continue to orienteer to the end of their course.

TERRAIN AND VEGETATION

The park is undulating but slopes are generally gentle. There is a mixture of mainly deciduous woodland and more open land crossed by paths. In spite of recent dry weather some paths under trees are still muddy. The lake and river are clearly marked on the map. There are some nettles and bracken so **FULL LEG COVER IS COMPULSORY**. Control sites have been selected to avoid the worst of these obstacles.

Please note that some marshes marked are not wet at the moment.

One control marked as 'X' is a 2 metre post

OUT OF BOUNDS

On July 1st the competition area is Out of Bounds to Parents and Team Managers throughout and in advance of the competition though these adults are welcome to cheer competitors off at the Start and to welcome them in at the Finish (shown on the sketch map at the end of these notes)

MAP

Surveyed, drawn and updated in 2013 by Alison Sloman based on an original map drawn by Mike Baggott and other HOC members. Recent updating in 2017 undertaken by Mike Baggott. Scale 1:10,000. The map will be waterproof.

COURSE LENGTHS

These are subject to final controlling

White: 1.9 km, 15 metres climb, 9 controls

Yellow: 1.9 km, 15 metres climb, 8 controls

Orange: 2.5 km, 20 metres climb, 11 controls

Light Green: 3.6 km, 40 metres climb, 11 controls

Green: 6.2 km, 50 metres climb, 19 controls

CONTROL DESCRIPTIONS

Control descriptions for the Yellow and White courses will be in English text to help those children who are new to orienteering. Separate control descriptions will be available in the Start lane. They will also be written on the map.

CAGOULES

Should the weather be extremely severe, notices in the Assembly Area and on the route to the Start will state that cagoules (or anoraks) are compulsory. Otherwise you may use your own discretion.

REGISTRATION & ENQUIRIES

The Registration and Enquiry points will be in the same tent in the Assembly Area and will be open from 10.30 a.m.

On arrival Team Managers are asked to report to Registration to notify us of your arrival and to pick up your start lists, hired dibbers and other information.

Since one of the Terms and Conditions of using Arrow Valley Park for this event is that competitors do NOT put their litter in the bins provided by Redditch Council, each team will be issued with a black dustbin bag in which litter can be put. IF EACH TEAM CAN TAKE THEIR OWN RUBBISH HOME THIS WOULD BE GREATLY APPRECIATED.

ROUTE TO THE START

The route to the Start leaves the Assembly Area in the south western corner. It will be marked with red and white streamers. Please allow 5 - 10 minutes.

CLEAR BOXES will be in the Pre-Start Area (not in the Assembly Arena)

THE START

The first starts will be at 12.30 p.m.. There will be a minus 5 minute call up.

There will be a PUNCHING start and no Air+.

At . 5 minutes a start marshal will call out names of runners (i.e. at 5 minutes before their allocated start time) Children called will stand before the line.

Box 1. SI cards and whistles will be checked.

Box 2. Loose control descriptions and maps for the white course will be available. A start marshal with experience of children will be available to help the children on the white course, checking that their maps are orientated correctly, that the Start triangle is located on the map and that the location of the Start flag is identified.

Box 3. Blank maps will be available to help the children on YBT courses to focus.

Box 4. Final instructions from the Start marshal re the position of the Start banner and start punch (fixed to a table) which each child has to punch, calling to their attention the position of their maps. Children will be asked to line up in the following order. Green, Light Green, Orange, Yellow and White to punch. The Start marshal will ensure that every child punches before they pick up a map which has been placed under the appropriate basket containing maps of the different coloured courses and start to navigate towards the Start-kite and their first control.

A diagram showing the position of the maps will be on display.

Because we understand that some competitors have not had much experience of participating in events such as the Yvette Baker Trophy Final we want them all to have a good start!

Please note that apart from runners on the Green course, after picking up their map and orientating it, children should look for the 'smiley face' symbol to confirm the path they initially have to follow. They should NOT turn left to go down under the underpass where bollards with 'frowny faces' should deter them.

PARENTS AND TEACHERS are welcome to accompany children to the START and to see them set off. An area has been set aside for you from where you can watch. Please follow advice of the marshals and stay behind the barriers. You will not be allowed in the Start lanes since marshals need space and time to work effectively.

Team Leaders: Please note it would be helpful if you could go through the Start procedure with the less experienced children in advance of the competition.

CONTROLS

In this event all controls will be 'proper' orienteering banners with SI punches.

(There is a permanent orienteering course in Arrow Valley Country Park which uses posts. These should be ignored.)

SI CONTROL FAILURE

Each control has a pin punch attached. If a SI unit does not respond with a ~~bleep~~ children should punch the edge of their map and report the failure at both the Finish and Download.

FINISH

The location of the Finish is prominent near the Assembly Area.

CHILDREN RUNNING IN PAIRS MUST FINISH TOGETHER AND SHOULDN'T PUNCH AT THE FINISH WITHOUT THEIR PARTNER.

After punching participants should remain in line within the tapes and place their maps into the carrier bags allocated to each team. A marshal will be available to help. They then follow the taped route continuing to the Download tent to download and receive their individual result slip. They will leave any hired SI cards with the marshal responsible.

Please note, in case of hot weather, there will be water/squash provided between the Finish and the Download tent.

RESULTS

Results will be updated throughout the event and will be displayed at regular intervals on the gate at the end of the car park for the disabled found opposite the Download tent.

As soon as possible after the event a full set of results will be available on the HOC web-site.

MAP COLLECTION

Team Managers are welcome to collect their Team map bags from 3.30 p.m. when we expect most children will have finished their run.

CLOSURE OF COURSES

Controls will be collected only when all competitors have downloaded.

PRIZE-GIVING CEREMONY

The announcement of winners will take place in the Assembly Area at a site to be chosen by the photographer! Prizes will be awarded after children have completed their runs and results have been calculated. So that adults who are competing can attend we anticipate the ceremony will start at approximately 4.00 p.m.

Please bring back any trophies that were won last year!

CANCELLATION

If the weather is severe please check www.harlequins.org.uk: in the unlikely event of cancellation or postponement HOC reserves the right to retain all or part of the entry fee to cover committed costs.

OFFICIALS

Organiser: Penny Hemsted (HOC)

Email: andyandpennyhemsted@virginmedia.com

Telephone (if urgent, but preferably before 22.00 hrs): 0121 382 6168

Mobile **for texts (but not verbal messages) on the day**: 0776 138 0046

Planner: Kerstin Mitchell (HOC)

Controller: Bob Brandon (OD)

SAFE JOURNEY HOME

Please take care. We hope that you all enjoy this event and that you arrive home safely.

THINGS THAT THE CHILDREN REALLY MUST REMEMBER

- **You must bring long trousers (track-suit trousers or similar)**
- **All major roads surrounding the area are out of bounds**
- **Do not enter the lake**
- **Only cross the river at the bridges shown on the map**
- **You are looking for proper controls. Ignore any orienteering signs on permanent posts you may find**
- **Remember to arrive at the START at least five minutes before your start time. (The time on the clock next to the marshal calling out names will show 'call-up time' – i.e. 5 minutes before the time that those entering the first box will start.)**
- **Everyone must punch at the Start before picking up their map.**