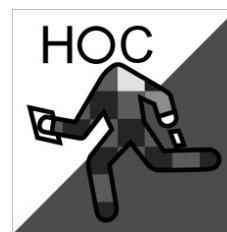




Event Information as  
at 30.12.20  
(flyers are often  
revised)

*Harlequins Orienteering Club*  
MapRun  
At  
**SHIRE OAK**  
(Walsall Wood, Walsall)



Orienteering in  
Worcester, Hereford,  
South Shropshire,  
Black Country and  
Birmingham.

**Venue & Travel** From the A461 from Walsall to Lichfield. At Walsall Wood, after B4152 crossing (Co-op) take the next right Shire Ridge and 3rd left Andrew Road.

**Parking:** Free car park which closes at dusk. SK057039 WS9 9RB

**Terrain:** Shire Oak is an old sand quarry which is now a mature nature reserve. It is a compact area with fairly complex contours and an extensive path network. Vegetation can be tough away from paths. Fences, which are often partly hidden in the undergrowth, hide steep slopes and **MUST NOT BE CROSSED** except at marked steps and paths.

**Map:** 2 maps at 1:5000, both A4. Peel 2008 map updated by Barry McGowan June 2020

**Courses:** There are 5 permanent Orienteering courses. Full details and maps on the HOC / BOF permanent course website. All courses use permanent wooden post controls apart from one low metal pipe.

There are two MapRun courses both of 2.1k with 65m of climb using the short green courses (D and E). These can be used individually or for a full green course can be run back to back. It is recommended to run course D first followed by course E.

The MapRun courses use 22 different controls and have a two digit number. All 33 permanent controls also have a letter and a number painted on them. This is because MapRun unfortunately cannot use alpha numeric. Also many aged posts at path junctions used on a health walk have been replaced by new posts. These old posts have not yet been removed and are adjacent to the new posts and are still often showing the control letters.

**MapRun Details** See the instructions on the HOC website on how to use the MapRun app. Prior to travelling the maps can be found on the MapRunF app by navigating to: Select event - UK - West Midlands - Shire Oak Park No PIN required. If you are at the location it can be found by using the "Events near me" button on the MapRun app. It is possible to use the map available on the app to do the course, however, it is recommended to print a version before travelling to the event. A pdf of the courses and control descriptions are available on the HOC website or via email (VOCs@harlequins.org.uk).

It is essential to finish the first part, course D, download, and then start part E and then finish again.

If you don't have the app the course can be recorded on a GPS watch and can be sent to MapRun admin to upload using the VOCs email.

Any problems please contact VOCs@harlequins.org.uk

**Safety:** Competitors take part at their own risk. These courses are not covered by British Orienteering insurance, so are at your own risk as if you were going out training on your own. Neither British Orienteering or Harlequins accepts any liability for your use of the course or map. Please use them safely looking out for yourself and other members of the public who may be in the area. Also please follow the latest government advice on social distancing.