Arrow Valley Park 20/7/17 results

Pos	Name	Club	Class	Controls	Time	Pens	Score	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
1	Benjamin Rauffet	COBOC	M21	26	43:56	0	260	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
2	Georgia Jones	NGOC	W19	24	42:55	0	240	x	x	x	x	x	x	x	x	x	x	x	x		x	x	x	x	x	x	x	x		x	x	x	x
3	Robert Rose	HOC	M35	24	44:28	0	240	x	x	x	x	x	x	x	x	x	x	x	x	x		x	x	x	x	x	x	x		x	x	x	x
4	Karl Kingsman	HOC	M50	21	43:26	0	210	x		x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x		x	x		x	x		
5	Peter Langmaid	HOC	M45	21	43:46	0	210	x	x	x	x	x	x	x	x	x	x	x			x		x	x	x	x	x	x	x	x	x		
6	Margaret Jones	NGOC	W50	20	44:38	0	200	x	x	x	x		x	x	x	x	x	x	x		x		x	x	x	x	x	x		x	x		
7	John Leeson	HOC	M55	21	46:26	-15	195	x	x	x	x	x	x	x	x	x	x	x	x			x	x	x	x	x	x	x		x	x		
8	Andy Hemstead	HOC	M65	23	49:10	-42	188	x	x	x	x	x	x	x	x	x	x	x	x		x	x	x	x	x		x	x		x	x	x	x
9	John Pearson	HOC	M65	19	45:46	-8	182	x	x	x	x	x	x	x	x	x	x	x	x	x	x			x			x	x		x	x		
10	Graham Horrocks		M55	18	44:10	0	180	x	x	x	x	x	x	x	x	x	x	x	x		x			x	x		x	x		x			
11	Russ Fauset	HOC	M70	17	43:25	0	170	x	x	x	x		x	x	x	x	x	x						x		x	x	x	x	x	x		
12	Robert Vickers	HOC	M75	17	43:46	0	170	x	x	x	x	x	x	x	x	x	x							x	x	x	x	x		x	x		
13	Marian White	HOC	W55	17	45:36	-6	164	x	x	x	x	x	x	x	x	x								x	x	x	x	x	x	x	x		
14	Colin Palmer	HOC	M70	16	42:32	0	160	x	x	x	x	x	x	x	x	x	x							x		x	x	x		x	x		
15	Kieran & Peter Rose		M9	16	44:02	0	160	x	x	x	x		x	x	x	x	x							x	x	x	x	x		x	x		
16	Steve Nightingale	HOC	M65	16	44:07	0	160	x	x	x	x		x	x	x	x	x							x	x	x	x	x		x	x		
17	Ashley Ford	HOC	M65	18	47:56	-30	150	x	x	x	x		x	x	x	x	x	x	x		x			x	x		x	x		x	x		
18	Alison Sloman	HOC	W80	15	44:45	0	150	x	x	x	x	x	x	x	x	x								x	x	x	x	x		x			
19	Peter Evans		M45	15	49:19	-44	106	x	x	x	x		x	x		x	x	x	x						x		x	x		x	x		
20	Sophie Jones	NGOC	W16	24	59:06	-141	99	x	x	x	x	x	x	x	x	x	x	x	x	x		x	x	x	x		x	x	x	x	x	x	x
21	Andy Johnson	HOC	M50	23	58:45	-138	92	x	x	x	x	x	x	x	x	x	x	x	x	x		x	x	x	x	x	x	x	x	x	x		
22	Barbara Ford	HOC	W60	17	72:02	-271	-101	x	x	x	x		x	x	x	x	x							x	x	x	x	x	x		x	x		

Yellow

Pos	Name	Club	Class	Controls	Time	Pens	Score	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
1	Robin Lambe		M11	10	30:58	0	100	x		x	x		x	x												x		x	x		x	x		

I hope everyone enjoyed their runs. Arrow Valley Park offers a mix of types of area but is mostly very runnable. I planned it to avoid the worst of the vegetation and it should have been possible to run round without getting too scratched or stung. My initial plans ended up with some wholesale adjustments as some parts of the park were pretty horrific and wouldn't have been much fun to run through.

Looking at the results it appears that some people might have thought it was a 60 minute time limit and not 45 (or had forgotten to bring a watch/decided to enjoy the park). Hopefully everyone didn't feel the 45 minutes were too short, I had try to plan it to challenge everyone to make the choices to what controls to go for with only the fastest being able to get them all in just under the time limit.

A big thank you to everyone who helped to collect in controls. And also to everyone who helped me to organise it and guide me as it's been a long time since I planned one. Particularly Andy White for putting up with all my many questions.