

## Risk Assessment for Orienteering



Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

<b>Name of Club / satellite club name / after school club</b>		Harlequins Orienteering Club	
<b>Name of person completing this form</b>	Dave Aldridge	<b>Position of person completing this form (coach, organiser etc)</b>	Series coordinator
<b>Venue for session / event / activity</b>	Various venues around HOC region	<b>Date for session / event / activity</b>	Summer 2020
<b>Name of person in charge of session / event / activity</b>			
4 <sup>th</sup> July 2020		HOC	
<b>Risk assessment signed</b>		<b>Risk assessment dated</b>	4 <sup>th</sup> July 2020
<b>Risk assessment checked by (name, position and date)</b>	Print name & position (coach mentor, controller etc): Barbara Ford Club Chairman Sign and date: <i>Barbara Ford</i> 4 July 2020		

### Emergency Information

<b>Emergency access points (for emergency vehicles)</b>	<b>Post code / grid reference:</b>
<b>Nearest A&amp;E hospital:</b>	<b>Place from which signed:</b>
<b>Working telephone:</b>	<b>Map available (where):</b> Participant to make themselves aware before taking part
<b>First Aid cover</b>	<b>Number(s):</b>
	<b>Landline or mobile:</b> Participant to carry own phone if felt necessary <b>If mobile (reception checked?)</b> <b>Name of first aider:</b> None – own risk

## The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

Hazards	Possible outcome / injury	Potential Severity	Likelihood of Occurrence	Mitigation
On course- slipping, tripping and falling on paths, roads and in urban parkland	Bruises, sprains	Low	Moderate	<ul style="list-style-type: none"> <li>• What control measure?</li> <li>• Who is responsible?</li> </ul> Event info to highlight participants on particular hazards. Participants to take routine precautions. Event info to highlight if area is prone to brambles. Participants to take routine precautions
In parkland- running into thorny bushes, brambles etc	Cuts, abrasions	Low	Moderate. Low for urban events	Event info to highlight if area is prone to brambles. Participants to take routine precautions
Cars moving on roads throughout event area	Collision with moving car	Potentially moderate to high	Low	Participants to be made aware of possibility of moving cars in event info.
Inclement weather	Hypothermia, ground more slippery if wet so more falls	Moderate - high	Very low	Series takes place in summer and participants can go whenever they want.
Anti-social behaviour	Harassment through to assault	Low to high	Very low	No events to be planned where areas could be a high risk. Event info to include details on any areas viewed as a potential risk.
Water bodies (canal, pond in park)	Drowning	High	Very low	Planner to avoid control siting that would encourage participants to enter water. Any large water feature such as lake or canals mentioned in event info.
Disorientation	Participants getting lost	Low to moderate	Low to moderate	Participants take part at own risk
Coronavirus	Catching virus	High	Low	Participants to take part on their own or family groups. Club not encouraging people to go along at same time. Advice on website and event info that latest government advice should be followed.

4/7/20 Barbara Ford