



**Birmingham &
Black Country**
Wildlife Trust



City of Birmingham Orienteering (now part of HOC) and Birmingham & Black Country Wildlife Trust

Beginners Families and Schools Orienteering Event At Banners Gate, Sutton Park

Date Saturday 30th September 2023

When ? Choose your own start times between 11am and 2pm. Courses close at 3pm.

Where? Banners Gate, Sutton Park off Monmouth Drive Sutton Coldfield B73 6JX

What? Four orienteering routes to choose from; orienteering is a fun sport that combines running with navigating – finding your way with a map. It's a great way of exploring your local parks and staying fit. Recommended routes as follows:

Route	School years	Approx Distance	Technical Difficulty
White	3-5	1.3 km	Easy – path based
Yellow	6,7	1.8 km	Slightly harder – path based
Orange	8, 9	3.0 km	Harder – off path
Red	10+	4.0 km	Harder – off path
Odds and Evens	10+	6.0km	Harder – off path

(Children may run shorter or longer routes than suggested above, according to ability.)

Help is available for beginners.

Entries : Entry on the day

Children: £5 per child. Adults may also go round with their children but should try to let the children do the navigating!

Adults: £8 per person You can do any of the above courses. The Odds and Evens course is a 60 minute score course. It will be a 2-sided map with all the odd control codes on one side and all the even control codes on the other side. Get as many as you can on the one side and after about 30 minutes turn the map over and get the ones on the other side. Once you have turned over the map you can't go back!

All profits go to the Birmingham and Black Country Wildlife Trust.

Accessibility: There are good paths throughout the park, but the grass may be very soggy. White and yellow courses can be completed on the paths. Not suitable for wheelchairs.

Safety: You are responsible for your own safety. It is recommended that you have a whistle. You can borrow a compass and whistle if necessary. A First Aid kit will be available.

Equipment: Many of the paths are wet or muddy. Participants should wear boots or bring a change of shoes and socks. Suitable clothing must be worn. A compass is useful (especially for the Orange and Red routes that go off the footpaths) but not vital, These can be borrowed. Race timing uses SI cards – these can also be borrowed for the event.

Schools League: Children earn points from each race. The league will be updated after each race and current standings posted on our website: [Harlequins Orienteering Club – City of Birmingham Orienteering](#). The prize giving will take place after the last race, in June. Schools do not have to send a team to every race.

Organiser: Ian Gamlen 07941730771 Planner: Mick Sadler. **Event flyer updated 19/9/23**