



City of Birmingham Orienteering (now part of HOC)  
**Beginners Families and Schools Orienteering Event**  
**At Red House Park Great Barr West Bromwich B43 6BS**

Date Saturday 28<sup>th</sup> October 2023

**When ?** Choose your own start times between 1pm and 2.30pm. Courses close at 3.30pm.

**Where?** Red House Park Great Barr West Bromwich B43 6BS (off Newton Road)

**What?** Four orienteering routes to choose from; orienteering is a fun sport that combines running with navigating – finding your way with a map. It's a great way of exploring your local parks and staying fit. Recommended routes as follows:

Route	School years	Approx Distance	Technical Difficulty
<b>White</b>	<b>3-5</b>	<b>1.2 km</b>	<b>Easy – path based</b>
<b>Yellow</b>	<b>6,7</b>	<b>1.6 km</b>	<b>Slightly harder – path based</b>
<b>Orange</b>	<b>8 -9</b>	<b>2.2 km</b>	<b>Harder – off path</b>
<b>Red</b>	<b>10+</b>	<b>3.1 km</b>	<b>Harder – off path</b>

(Children may run shorter or longer routes than suggested above, according to ability)  
Help is available for beginners. Adults wanting a longer course can do Red + Yellow courses

**Entries : Entry on the day**

Children: £2 per child. Adults may also go round with their children but should try to let the children do the navigating!

Adults: £5 per person You can do any of the above courses.

Accessibility: There are good paths throughout the park, but the grass may be very soggy. White and yellow courses can be completed on the paths. Not suitable for wheelchairs.

Safety: You are responsible for your own safety. It is recommended that you have a whistle. You can borrow a compass and whistle if necessary. A First Aid kit will be available.

Equipment: Many of the paths are wet or muddy. Participants should wear boots or bring a change of shoes and socks. Suitable clothing must be worn. A compass is useful (especially for the Orange and Red courses that go off the footpaths) but not vital, These can be borrowed.

Race timing uses SI cards – these can also be borrowed for the event.

Facilities: Unfortunately, there are no toilets available in the park.

Schools League: Children earn points from each race. The league will be updated after each race and current standings posted on our website. [City of Birmingham Orienteering – Harlequins Orienteering Club](#) The prize giving will take place after the last race, in June. Schools do not have to send a team to every race.

Organiser: James Thomas 07873 543442 Planner: Adrian Bailey. Event flyer updated 22/10/23