

City of Birmingham Orienteering (now part of HOC) **Beginners Families and Schools Orienteering Event At Pype Hayes Park Birmingham B24 0HG**

Date Saturday 27th January 2024

When? Choose your own start times between 1pm and 2.30pm. Courses close at 3.30pm.

Where? Pype Hayes Park Birmingham (off Chester Road) B24 0HG

What? Four orienteering routes to choose from; orienteering is a fun sport that combines running with navigating – finding your way with a map. It's a great way of exploring your local parks and staying fit. Recommended routes as follows:

| Route | School years | Approx Distance | Technical Difficulty |
|--------|--------------|-----------------|------------------------------|
| White | 3-5 | 1.8 km | Easy – path based |
| Yellow | 6,7 | 2.0 km | Slightly harder – path based |
| Orange | 8 -9 | 2.8 km | Harder – off path |
| Red | 10+ | 3.3 km | Harder – off path |

(Children may run shorter or longer routes than suggested above, according to ability) Help is available for beginners. Adults wanting a longer course can do Red + Yellow courses

Entries: Entry on the day

Children: £2 per child. Adults may also go round with their children but should try to let the children do the navigating!

Adults: £5 per person You can do any of the above courses.

<u>Accessibility</u>: There are good paths throughout the park, but the grass may be very soggy. White and yellow courses can be completed on the paths. Not suitable for wheelchairs.

<u>Safety</u>: You are responsible for your own safety. It is recommended that you have a whistle. You can borrow a compass and whistle if necessary. A First Aid kit will be available.

<u>Equipment</u>: Many of the paths are wet or muddy. Participants should wear boots or bring a change of shoes and socks. Suitable clothing must be worn. A compass is useful (especially for the Orange and Red courses that go off the footpaths) but not vital, These can be borrowed. Race timing uses SI cards – these can also be borrowed for the event.

Facilities: Unfortunately, there are no toilets available in the park.

<u>Schools League</u>: Children earn points from each race. The league will be updated after each race and current standings posted on our website. <u>City of Birmingham Orienteering – Harlequins</u> <u>Orienteering Club</u> The prize giving will take place after the last race, in June. Schools do not have to send a team to every race.

Organiser: Ian Gamlen 07941730771 Planner: Dave Ellis. Event flyer updated 10/01/24