

58th Sutton Park Gates Run Wednesday 26th June 2024

Directions: Town Gate, Sutton Park. O/S SP115963 sheet 139. B73 6BU. Parking by the Visitor Centre.

Gates Run Starting near Town Gate you visit the other six main gates in the Park and return to the start. Distance is about eight miles. Choose your own route. A map will be available. A mix of park road and footpath running.

Entry: On the day only.

Starts: Start times are available in 1 minute intervals from 17.30 to 19.00. Electronic SI timing (dibbers) will be used, these can be hired for £1.

You will be timed and results will be available on the HOC website.

Cost: £6 adult £3 child or student, £1 for SI card hire.

Can you beat your age? A few people have completed the distance in fewer minutes than years of age, could you do it?

Individual competition for each gender and age group, and also for fastest father/son, mother /son, father/daughter, mother/daughter.

Safety: You take part at your own risk. Under 16-year-olds must run with an adult. You must report to the finish even if you do not complete the course. Course closes at 8.30pm.

Organiser: Mick Sadler mick_sadler@yahoo.co.uk 07999 383194

Check on <u>Harlequins Orienteering Club – The web-site of Harlequins Orienteering Club</u> for last-minute changes before travelling and for future local orienteering events