

Croft Castle POC Launch and SMILE – 17/5/2014

<u>POC</u>	<u>Course</u>	<u>Name</u>	<u>mins</u>	<u>secs</u>	<u>Comments</u>
	Long	6.6km			
		Clive Caffall	58	14	
		Pete Bradshaw	58	31	
		Anita Roberts	76	45	
		Phil Roberts	58	31	
		Stephen Ware	71	46	
		Martyn Brown	67	14	
	Medium	3.7km			
		Colin Spears	56	18	
		Judith Evans	56	16	
		Laura Ruddy	53	14	
		Joe Parkinson	41	16	
		Nigel Cousins	51	24	
		Alison Sloman	67	04	
	Short	2.2km			
		Annie MacKellar & family	66	30	
		Alison Pople & family	66	08	
		Richard Pearson & family	40	10	
		Rosie Roberts	26	15	
	DIY	Random controls			
		Jenny Uff	128	42	
		Babs Ford	111	02	
		Ashley Ford	99	42	
		Alex Chamberlain & family	116	12	
	<u>Labyrinth</u>	<u>Course A</u>			
		Judith Evans	2	13	
		Ashley Ford	2	45	Wrong 1
		Liz White	1	35	
		Phil Roberts	4	29	
		Isabella	2	45	
		Peter Langmaid	2	36	
		Alex Chamberlain	3	24	
		Nigel Cousins	2	56	
	<u>Labyrinth</u>	<u>Course B</u>			
		Judith Evans	1	54	
		Jenny Uff	2	38	
		Rosie Roberts	6	34	
		Isabella	4	04	
		Peter Langmaid	1	48	
		Alex Chamberlain	2	20	
		Liz White	1	23	

<u>Labyrinth</u>	<u>Course D</u>		
	Ashley Ford	2	03
	Babs Ford	2	15
	Andy White	1	27
	Isabella	2	34
	Peter Langmaid	1	38
	Alex Chamberlain	1	49
	Liz White	1	18
	Alison Sloman	2	41

### Comments

We were blessed with a gorgeous day for the POC Launch, possibly too warm to tempt some people to engage in physical activity – picnicking seemed like the order of the day. However we did get a steady stream of people interested enough to take a map and head off into the forest, and as at previous events the labyrinth also proved very popular, with Liz White staking her claim to be ‘Queen of the Maze’. It was a pleasant surprise to find a few NGOC members attempting the POC Challenge course, having spotted it on our website. This wasn’t something I had anticipated but it’s a very welcome bit of interclub rivalry for the summer months.

Thanks to the HOC team on the day – a slick performance **J**

Andy White