



HARLEQUINS ORIENTEERING CLUB INVITES YOU TO A

**Local Saturday Event at  
ARROW VALLEY COUNTRY PARK  
Redditch**

**Saturday 19 November 2022**

(originally scheduled for 12 November 2022)

- Venue:** Arrow Valley Country park is located approximately 2 miles East of Redditch town centre. The registration will be in Stitch Meadow field. Accessed from the Arrow Valley Visitor Centre Car Park, off Battens Drive B4497. Approx postcode B98 0RT / GR SP062677 / W3W: [diary.venue.cave](http://diary.venue.cave)
- Transport:** The entrance to Arrow Valley Park is served by the 62 bus route, which runs hourly from Redditch bus station: <https://www.diamondbuses.com/worcester-warwickshire/bus-services/62/> The bus station is opposite Redditch train station, Redditch is on the [Cross City train line from Lichfield via Birmingham New Street](#).
- Parking:** There are plenty of free car parks in the park, any in the north will be most convenient. They can get quite busy especially around 9am during parkrun, so please car share if possible. Please see [Arrow Valley Country Park Car Parking Guide](#) Note all car parks have a 2M height limit.
- Terrain:** A typical urban park with a large central lake in the north, and a mix of woods and meadows.
- Start Times:** 10.30-12.30
- Course:** One course, with a 60-minute time limit. Controls must be taken in numerical order, but any may be missed out to make a shorter and/or easier course. 10 points per control visited, 1 point deducted for every 6 seconds taken over the 60 minutes time-limit.  
  
Beginners very welcome. This is a relaxed event, so you can run (or walk) individually or in a group. The course will have a mix of easier controls near to paths and harder off-path controls, which you can choose to miss out if you prefer. Extra tips available at the start.
- Map:** A4 size, 1:10,000 with 5m contours. Updated by Alison Sloman 2019 and John Leeson 2020/2022, based on a map by Mike Baggot. Pre-marked but not water-resistant.
- Timing:** Full SI, but not touch free.  
Timing cards will be available for hire at £1 each (£30 replacement fee if lost)
- Fees:** Seniors £5, Juniors/students £2. Please bring the correct amount in cash.  
(Beginners and families taking part as a group only pay one fee per group)
- Entry:** Book your map by e-mail to [peter@tillerresearch.co.uk](mailto:peter@tillerresearch.co.uk)  
There will also be a few maps for entry on the day.
- Facilities:** Café and toilets by the carpark (The visitor centre is currently closed, but the outside kiosks offer a range of refreshments)
- SAFETY:** There are several rivers and ponds in addition to the large lake. There are several low-speed roads; take care if crossing and give way to traffic. Do not cross the dual carriageway by any means other than the marked path underneath. You will encounter dog-walkers and members of the public walking/cycling, especially near the lake and visitor centre. Please give way to other park users. Competitors take part at their own risk. Whistles must be carried. Full leg cover recommended if attempting the full course. In case of bad weather competitors may be required to wear a water and wind-proof top.
- ORGANISER/PLANNER:** Kieran Rose 07805 874689. [peter@tillerresearch.co.uk](mailto:peter@tillerresearch.co.uk)
- CONTROLLER:** Kerstin Mitchell