

Weoley Castle NSL Results			Thursday 19 February 2009				
Position	Name	Club	Class	Time	Adj	Adj Time	NSL Points
LONG 8.7 km							
1	Tom Lewis	HOC	M35	73:15		73:15	10
	John Embrey	HOC			Organiser		10
MEDIUM 6 km							
1	Adrian Bailey	HOC	M40	47:07		47:07	10
2	Peter Langmaid	HOC	M40	49:29	1:00	50:29	9
3	Barry McGowan	HOC	M60	58:05		58:05	8
4	Colin Spears	HOC	M70	58:38		58:38	7
5	Robert Vickers	HOC	M65	60:15		60:15	6
6	Brian Hughes	HOC	M60	63:18		63:18	5
7	Sally Ellis	-	W50	66:45		66:45	
8	Parker x 3	-	mixed	76:09	1:00	77:09	
SHORT 4 km							
1	Jacky Embrey	HOC	W50	43:10		43:10	10
2	Wayne Childs	-	M30	47:12	1:00	48:12	
3	Alison Sloman	HOC	W70	52:43		52:43	9