

## Rowley Regis Night Street Event 21 Jan 2010 Results and Comments

### Long 9.3km

1	Iain Embrey	00:59:10
2	John Embrey	01:08:10

### Medium 6.3km

1	Adrian Bailey*	00:53:25
2	Barry McGowan	01:05:20
3	Brian Harrold	01:06:30
4	Colin Spears	01:06:50
5	Kerstin Mitchell	01:13:30

### Short 4.0km

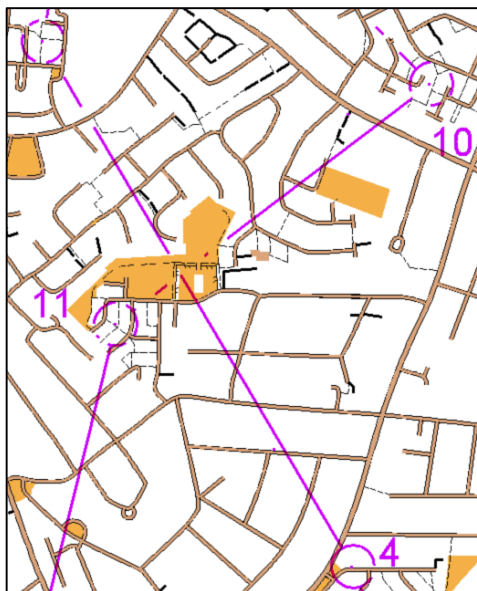
1	Marian White	00:42:50
2	Robert Vickers	00:43:40
3	Russ Fauset	00:44:20
4	Jackie Embrey	00:57:15

\*ran 20 Jan

My main planning trip to pick out suitable items of street furniture to use as controls involved a long and quite atmospheric evening's walk through snow-covered streets the week before. Luckily the thaw came with a few days to spare and Wednesday's snow didn't get this far, so the event could go ahead as planned.

It was good to see a few of the less regular NSL faces as well as some of the diehards for this first outing on these previously unexplored streets. Colin recalled running through the area with Halesowen AC, but never with a map in his hand, so that doesn't count.

On the Long course, Embrey junior beat senior by a good margin. Adrian Bailey was a clear winner on Medium, with 2<sup>nd</sup> to 4<sup>th</sup> within 90 seconds of each other. Competition was just as tight at the top of Short, with Marian emerging the winner after deciding against the longest course for a change.



The area offers a few challenges to the planner, but there is a good mixture of small intricate areas and more open street network to provide interest for the longer courses (part of Long course pictured)

The short course was harder to plan, but luckily one of the best of the intricate bits was within reach.

Peter Langmaid