

Frankley, you missed a treat!

... if you were not there, based on the positive feedback I received after the event. The morning was not promising, with gale-force winds sweeping down from the north, but it calmed down later and in the end was quite a reasonable evening for a run. I even got extra time to prepare, as we lost all power at work just before 14:00 so I got away early.

St. Christopher's Church at Holly Hill was a very convenient venue and the vicar was extremely helpful, though the slimming club in the other room could have turned violent when they saw our cakes and smelt the fish and chips that some indulged in after running.

The area consists of two complex housing estates, one either side of the venue, with a swathe of open, schools, and woods in between. The Short course stayed in the more complex parts throughout, whilst the Medium and Long visited redevelopment and parkland to the east via a couple of longer legs. The Long returned through Great Park, with a routechoice option either north or south of Rubery Hill – or over, if you were feeling brave.

A few people had slight differences to my lamppost numbers on one or two controls, but checking afterwards they almost agreed with other runners, I can understand why and can see they were in essentially the right place, so I have not applied any penalties for these. One runner had three answers which I cannot explain, are different to any of my options and are different to all other runners. I have therefore added 1 minute to that person's time for each of these.

Short 4.1 km

Position	Name	Club	Class	Time
1	Russ Fauset	HOC	M65	43:17
2	Bob Scott	HOC	M65	49:53
3	Jacky Embrey	HOC	W55	50:18
4	Colin Spears	HOC	M75	56:08
5	David Hemmings	HOC	M21	58:23
6	Lin Page	OD	W55	71:07
7	Jenny Uff	HOC	W60	89:11

Medium 6.1 km

Position	Name	Club	Class	Time
1	Barry Houghton	HOC	M65	58:34
2	Adrian Bailey	HOC	M45	59:54
3	Robert Rose	HOC	M21	68:23
4	Kerstin Mitchell	HOC	W45	77:56
5	Robert Vickers	HOC	M70	80:00
6	Barry McGowan	HOC	M65	81:50
7	Mike Abbott	HOC	M55	90:10
8	Brian Laycock	HOC	M65	91:58
9	Sue Howard	Ind	W50	Retired

Long 7.9 km

Position	Name	Club	Class	Time
1	Iain Embrey	OD	M21	53:54
2	Adrian Pickles	WRE	M55	59:11
3	John Leeson	HOC	M55	63:59
4	Tim Kieniewicz	HOC	M21	64:24
5	Heather Kieniewicz	HOC	W21	69:43
6	Peter Langmaid	HOC	M45	73:45
7	Clive Caffall	HOC	M50	82:48

John Embrey



Russ and Bob enjoy post-run refreshments, much to the annoyance of the slimmers' club



The event centre at St Christopher's Church

Photos by Peter Langmaid