



Not an ordinary run!
Newcomers welcome!

Harlequins Orienteering Club
Invite you to take part in a
Night Street League Event
at
The Country Girl, Selly Oak
On
Thursday 11th January 2024



Orienteering in
Worcester, Hereford,
South Shropshire,
Black Country and
Birmingham.

- Parking:** The Country Girl, 1 Raddlebarn Rd, Selly Oak, Birmingham B29 6HJ
Free Parking but you will need to enter your car registration in the machine (inside the pub) or you will be charged/fined.
- Travel:** Nearest rail station - Selly Oak, 10 minutes by foot (0.5 miles)
- Terrain:** Urban orienteering and map running with options to run along streets, and through urban parks. The area is divided by a canal and a railway - there are bridges and an underpass - but note one bridge has no public access (shown on the map as “no entry”)
- Map:** A4 sized 1:10,000 scale map on Open O map. Printed on non-waterproof paper so please bring a transparent map bag. **Control descriptions on back of map in text format (tbc)**
- Course & Scoring:** Using MapRun6 App which is free to download onto a smartphone. 60 minute score, with controls taken in any order worth 20 points each. Any time over 60 minutes will be penalised at the rate of 10 points per minute, or part thereof. PIN number to unlock the course will be provided on the night. Competitors may adjust scores using HITMO function.
- Entries:** Please notify planner in advance to reserve a map. Entries £5/ adult & £2/junior. Cash, exact change please. Planner will be in the pub.
- Juniors under 16 must be accompanied by a responsible adult.
- Start Times:** 18:30 to 19:00 Persons who may, or may wish to, arrive later should notify Planner. Same for a non-comp daylight run beforehand (I'll mail a course PDF)
- Facilities:** Toilets in the pub. I am informed (by my neighbours*) that the food is good and I have booked a table for ~20:00. Please let the planner know if you intend to eat with us.

<https://www.emberinns.co.uk/nationalsearch/eastandwestmidlands/the-country-girl-selly-oak/mainmenu#/>

*Clearly I misunderstood what the ladies next door mean when they say they are “visiting the country girl”.

- Officials:** Planner David Williams email: BournvilleNSL2024@ddwilliams.net
tel: [0793 - 478 - 9689]
NSL coordinator John Leeson, e-mail johnleeson@aol.com tel: 07785 707617

- Safety:** Competitors take part at their own risk. Hi-vis clothing recommended at all times. Head or hand torch necessary. There is no off-path running (unless you decide to cut corners) and just a couple of muddy sections, so road shoes should be fine

The majority of roads in event area are quiet - watch out for speeding cars and unlit bikes. Take extra care crossing A38 Bristol Road and A441 Pershore Road.

The rather busy Raddlebarn Road - directly outside the pub is a 20mph zone - but this is largely ignored. Start/finish location should straddle both sides of the road - so no need to dash across to save a few seconds.

Bournville and Selly Oak are low crime areas but, as is becoming typical, there are occasional incidents of anti-social and criminal behaviour. Recently drug dealing and a

flasher.

Participants are expected to observe social distancing and other coronavirus guidelines issued by the government.

**Website &
Cancellation and
Changes to Start
Window:**

For the latest information check NSL pages at: <http://www.harlequins.org.uk>