

Not an ordinary run! Newcomers & nonmembers welcome! Harlequins Orienteering Club

Invite you to take part in a

Night Street League Event

## Rubery, Birmingham

On Thursday 5<sup>th</sup> December 2024



Night orienteering in Worcester, Hereford, South Shropshire, Black Country and Birmingham.

Venue and Parking:	The event HQ for the night is Longbridge Methodist Church, Bristol Road, Rednal, B45 9TY. The venue has parking, plus lots of on street parking nearby. After the event, those would like to stay for dinner are invited to Himalaya Restaurant (licensed) which is 100m west of the church. Those choosing to eat afterwards may wish to park at B45 9TZ, where there is a small car park, to save moving move the car after the run (church car park may close before finishing dinner).
Travel:	Nearest station is at Longbridge, approx 1km to the east of the venue. The #49 bus runs to the venue from the station also.
Terrain:	Urban orienteering and map running with options to run along streets, and through urban parks.
Map:	A4 sized 1:10,000 scale map on Open O map. Printed on non-waterproof paper so please bring a transparent map bag.
	Control descriptions in loose text format.
Course & Scoring:	Using MapRun 6 or 7 (and MapRunG on Garmin watches) which is free to download onto a smart 'phone (go to www.MapRunners.weebly.com).
	Event is a 60 minute score, with controls visited in any order worth 10 points each. Any time over 60 minutes will be penalised at the rate of 10 points per minute, or part thereof. PIN number to unlock the course will be provided on the night. Competitors may adjust scores using HITMO function.
Entries:	Please notify planner in advance to reserve a map. Entries HOC/BOF members £6/ adult & £8 non-members. Member/non-member juniors £3 and £4. Helpers (registration or results) £3 for BOF members.
Start Times:	Starts between 6:15 and 6:45 and course closes at 8:00pm. Persons wanting to run earlier, or who may arrive later, should notify Planner.
Facilities:	The church has a room for your belongings and toilet facilities. Himalaya restaurant serves Indian cuisine and has a licensed bar. Notify planner if you would like to eat afterwards.
Officials:	Planner: Ben Crone, email <a href="mailto:s.b.crone@hotmail.co.uk">s.b.crone@hotmail.co.uk</a> tel: 07743015306NSL Coordinator: John Leeson, e-mail johnleeson@aol.comtel: 07785 707617
Safety:	Competitors take part at their own risk. Hi-vis clothing is strongly recommended at all times and headtorches should be used.
	The majority of roads in event area are quiet, but runners should take care when crossing all roads, particularly the A38 adjacent to the event venue (start and finish will be other side of main road, to avoid needing to cross while competing.
Website & Cancellation and	

Cancellation and Changes to Start: For the latest information check NSL pages at: <u>http://www.harlequins.org.uk</u>