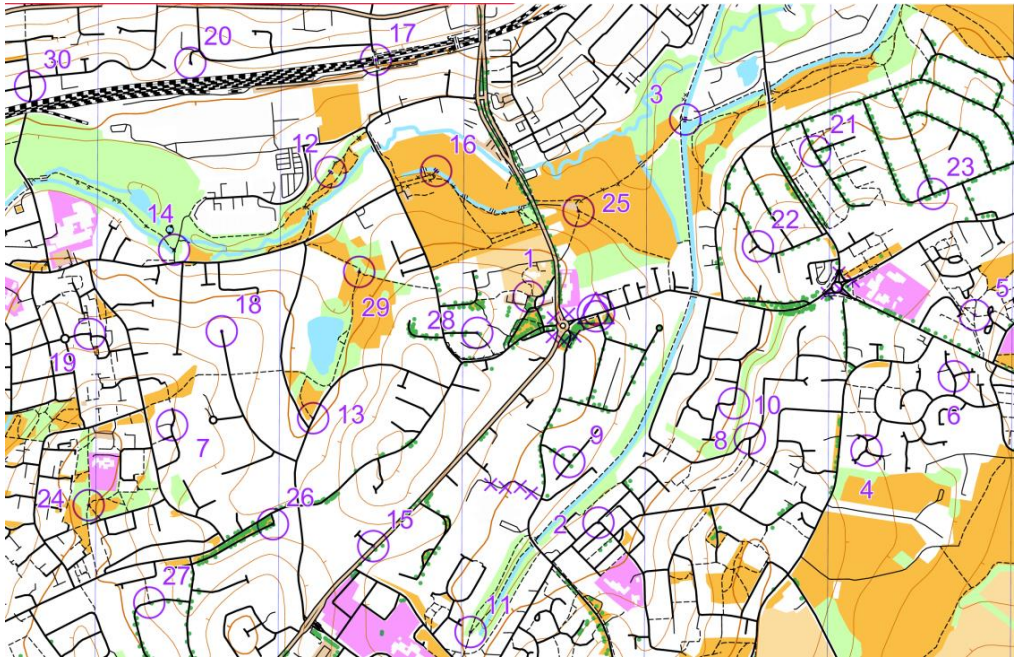
Harlequins OC Night Street League – 2024/25 Round 4 – King's Norton – 19 December 2024

Pos	Name	Category	Controls Visited	Time	Score	Distance (km)	Pace (mins/km)
1	Ben Crone	M35-39	22	0:57:50	220	13.07	04:26
2	Rich Price	M25-29	20	0:55:35	200	11.77	04:43
3	Eloise Lee	W35-39	19	0:58:35	190	11.4	05:08
4	Dave Aldridge	M45-49	19	0:59:17	190		
5	Simon Lanckham	M30-34	18	0:54:01	180	9.68	05:35
6	Steve Blackmore	M45-49	21	1:02:54	180	12.95	04:51
7	James Burn	M40-44	16	0:58:35	160	8.93	06:34
8	John Leeson	M65-69	16	0:59:13	160	9.21	06:26
9	Karen Thompson	W55-59	15	0:59:41	150	9.01	06:37
10	Andy Howman	M45-49	14	0:59:04	140	8.01	07:22
11	Peter Langmaid	M55-59	14	0:59:34	140	8.73	06:49
12	Rew Francis	M60-64	13	0:59:26	130	9.14	06:30
13	Alex Hudson	M40-44	17	1:03:20	130	10.79	05:52
14	William Gibson + Claire	M10-14	11	0:59:47	110	7.14	08:22
15	James Thomas	M35-39	10	0:48:10	100	6.27	07:41
16	Ian Gamlen	M55-59	10	1:00:00	100	7.86	07:44
17	Craig Thompson + Simon	M16-18	7	0:44:38	70	5.56	08:02
18	Robert Vickers	M80-84	7	0:49:46	70	3.57	13:56

Controls Visited																															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
X	X	X	X	X	X		X	X	X	X	X		X	X	X	X		X		X	X	X	X	X	X				
X	X					X		X		X	X	X	X	X	X	X	X	X	X				X		X	X	X	X	X
X	X					X	X	X	X		X	X	X	X	X	X	X	X	X				X		X		X		X
X	X		X			X			X	X	X	X	X	X	X			X			X		X	X	X	X	X	X	
X								X		X	X	X	X	X	X	X		X	X				X	X	X	X	X	X	X
X	X	X	X	X	X			X	X	X	X		X		X	X		X	X	X	X	X		X				X	X
X	X		X	X	X				X	X		X		X	X					X	X	X		X	X			X	
X	X		X	X	X	X			X	X		X		X			X			X	X	X			X		X		
X						X					X		X	X	X	X		X	X				X	X	X	X	X		X
X		X				X					X	X	X		X			X		X	X			X	X		X	X	
X	X	X	X	X	X			X	X						X					X	X	X		X			X		
	X	X	X	X	X			X	X	X					X					X	X	X		X					
	X	X	X	X	X	X		X	X	X		X		X			X			X	X	X	X		X				
X		X					X				X		X		X					X	X			X			X	X	
	X	X	X	X	X			X	X											X	X			X					
	X		X	X	X			X	X											X	X	X		X					
	X		X		X			X	X	X											X								
X		X									X				X									X			X	X	
13	13	9	11	9	10	7	3	11	12	10	10	8	9	9	13	6	4	8	5	11	13	8	7	13	10	4	10	8	5

In total 18 runners / pairs took part in 2024's final event around the festively decorated streets, parks, nature reserves and canals of King's Norton. Clearing every control would have necessitated a well-navigated 17km run in under an hour, as such all participants had to choose where to visit. A combination of natural and man-made boundaries meant some apparently close controls were actually quite distant.

Ben Crone was our overall winner and remains unbeaten this season followed closely by Rich Price. Eloise came in third, and is similarly yet to be beaten in the women's category. We had one first-timer join us, James put in a very strong debut performance - we hope this will be the first of many!

A huge well-done to all participants and I hope you enjoyed the course. I chose the location as I thought it had a good variety of areas to visit and navigate, I couldn't see that it had been used in recent years. I look forward to competing again myself in Worcester come January.

Richard.