Night Street League Format and Rules

1. Night Street events are informal, local level orienteering events that take place in the early evenings on winter months, using urban streets and paths, with the occasional stretch of open space, such as a park, playing fields or canal towpath. A headlight or torch is required, but it doesn't need to be particularly powerful - enough to see your footing and to read the map. For the winter of 2025/26 these events have been referred to as SMApp events.

2. Participants are responsible for their own safety and take part at their own risk. A copy of the area specific risk assessment for each event will be available at event registration. All competitors should register before taking part and are advised to carry a smart phone together with the phone number of the Planner/Organiser. Courses may cross main roads and the risk assessment assumes that participants will wear high visibility clothing. Participants are therefore required to wear such clothing before being allowed to take part in an event.

3. Junior competitors (aged under 16) can only take part in an event if shadowed by a responsible adult (ie a person of at least 18 years in age).

4. The majority of events will use participants' smart phones (or watches) running the MapRun app to register time elapsed and which controls are visited. If MapRun is used for the event, runners can edit their score using the HITMO function which will then be checked by the Planner/Organiser before the results are finalised. Runners at a MapRun event who do not use a smart phone may agree with the Planner an alternative method of scoring, at the discretion of the planner (eg use of Strava).

5. At the planner/organiser's discretion, SI card timing can be used for the start and finish, and occasionally for 'punching' the controls. Hire cards will be available if this option is chosen. The planner/organiser will determine which method of 'punching' controls is to be used and will advertise this on the event details (flyer) available on the HOC web-site in advance of each event. The planner will provide hard copy maps to participants which they should not open until their run commences.

6. Each event will normally be a score event with a 60 minute time limit, with penalties for late returns. Controls can normally be visited in any order but only score once if 'punched' more than once. The over time penalty to be applied is 10 points for every minute over 60, rounded up.

    - Normally 10 points will be scored once for each control visited by the competitor.

    - More complex scoring systems are not easy to input into MapRun and may require post-run analysis by the planner to achieve the desired effect and must be agreed with the NSL coordinator before the event flyer is publicised.

7. Points for the Night Street League competition will be allocated to all competitors at each event regardless of club affiliation. Runners are divided by gender and into senior and junior classes and sorted by score. Leading male and female runners both score 25 points, 2nd scores 24, 3rd 23, 4th 22, 5th 21 and so on. Runners in teams are welcome but will be considered non-competitive from the point of view of the NSL competition.

    The Planner/Organiser will receive 25 points, with a maximum of one such score per planner per season. If anyone plans more than one event in a season, for the second and subsequent events they plan they will receive the highest score they have achieved

at an event where they actually ran.

8. If two runners are tied on the same points the runner with the lowest completion time will be deemed to be placed higher than the slower runner.

9. In the event of any dispute the NSL Coordinator will make a ruling. In the event that this ruling is not accepted, an appeal may be made to the Club Captain, or (if the NSL Coordinator and Club Captain are one and the same) the Club Chairman.

10. At the end of the season, the number of events, which will count to the overall NSL competitions, will be one more than half the number of events, rounded up (ie n/2 +1 rounded up, where n= the total number of events).

11. Points scored at each competitor's counting events (ie their highest scores) will be aggregated over the season to determine the overall HOC women's and men's NSL champions. Age related trophies will be awarded to veterans (M/W45 and over) and super-veterans (M70 and over). Only HOC members are eligible for NSL trophies. In the event of any ties, the competitor that has attended the most events will be deemed to be the winner.

Rules updated and amended by NSL coordinator, January 2026