

## Bert Pardoe Handicaps

These are used to decide the best performance on the day using handicap factors calculated from your times in recent events. They are based on your running speed in events including West Midlands League events, the Compass Sport Cup and other local events where our Members compete. Your running speed is compared to the average running speed of other competitors so a handicap of 1 means that on average you are running as fast as the average competitor and a handicap of 0.5 means that you are running twice as quickly as the average competitor. It only includes results on TD4 & TD5 courses and does not include urban events or night events which is why some members may not be included.

	<b>December 2023</b>	December 2022	December 2021	June 2021	December 2019
David Aldridge	<b>0.593</b>	0.635	0.604	0.638	0.648
Katharine Atkins		0.675	0.748	0.749	0.783
Robert Atkins	<b>0.680</b>	0.675		0.767	0.793
Adrian Bailey	<b>1.039</b>	1.002	1.202	0.905	1.010
Paul Basher	<b>0.776</b>	0.811	0.781	0.774	0.774
Julian Bass	<b>0.767</b>	0.755			
John Bass	<b>1.190</b>				
Steve Blackmore	<b>0.658</b>				
Simon Brickwood	<b>1.872</b>				
Eric Brown	<b>1.393</b>	1.145	1.080	0.981	1.158
Lesley Brown	<b>1.323</b>	1.088	1.127	1.140	1.145
Andrew Catmur	<b>1.017</b>	0.915		1.036	1.135
Ian Chafer	<b>1.000</b>	0.889	0.860	0.793	0.783
Steve Chiverton	<b>1.283</b>	1.303	1.084	0.934	0.930
Nigel Cousins	<b>1.585</b>	1.498	1.298	1.298	1.298
Ben Crone	<b>0.740</b>				
Richard Davies	<b>0.812</b>	0.913	0.874	0.849	0.782
Phil Dolphin	<b>1.148</b>	1.228			1.325
Judith Evans	<b>0.980</b>	1.026			1.127
Lester Evans	<b>1.301</b>	1.270			1.122
Carol Farrington	<b>1.455</b>	1.273	1.253	1.469	1.446
Mike Farrington	<b>1.031</b>	0.943	0.908	0.929	0.940
Russ Fauset	<b>1.359</b>	1.155	1.172	1.150	1.110
Ashley Ford	<b>1.390</b>	1.404	1.432	1.431	1.469
Barbara Ford	<b>2.577</b>		2.376	2.376	2.918
Ian Gamlen	<b>0.829</b>	0.767	0.802	0.808	0.826
Jeremy Gere	<b>1.437</b>				
Jane Gill	<b>1.905</b>				
Paul Hammond	<b>1.492</b>	1.221	1.145	1.284	1.217
Andy Hemsted	<b>0.806</b>	0.744	0.767	0.752	0.730
Penny Hemsted	<b>2.295</b>				2.290
Barry Houghton	<b>1.081</b>	0.923	0.872	0.916	0.898
Jason Howell	<b>0.645</b>	0.632	0.657	0.657	0.614
Brian Hughes	<b>1.052</b>	0.882	0.879	0.864	0.869
Andy Johnson	<b>1.054</b>	1.006	1.033	1.028	0.896
Karl Kingsman	<b>0.806</b>	0.811	0.879	0.915	0.760
Robin Lambe	<b>1.303</b>				
Simon Lanckham	<b>0.740</b>				
Peter Langmaid	<b>0.915</b>	0.907	0.859	0.812	0.875
Brian Laycock		2.001	1.607	1.385	1.251

Eloise Lee	<b>0.698</b>	0.738	0.786	0.791	
John Leeson	<b>0.732</b>	0.726	0.738	0.767	0.769
Joanne Leigh	<b>1.183</b>	1.197	1.509		
Lap On Leung	<b>1.059</b>				
Kwokkay Lo	<b>1.087</b>				
Mandy Mackereth	<b>1.138</b>	1.141	1.146	1.068	1.213
Chris McCartney	<b>0.609</b>	0.597	0.640		
Barry McGowan	<b>1.593</b>	1.292	1.324	1.141	1.125
Alexander Mitchell			0.587	0.624	0.638
Arthur Mitchell	<b>0.836</b>	0.880	1.118	1.117	1.073
Kerstin Mitchell	<b>1.101</b>	0.996	1.114	1.114	0.985
Sebastian Mitchell	<b>1.105</b>	1.052	0.888	0.888	1.114
Martin Mitchell	<b>1.550</b>				
Ian Moore	<b>1.281</b>	1.160	1.354	1.413	1.643
Charlotte Moore	<b>1.939</b>				
Alex Morgan	<b>0.646</b>	0.621	0.655	0.657	0.659
Charles Nelson	<b>1.051</b>	0.892	0.940	0.956	1.008
Stephen Nightingale		1.337	1.343	1.177	1.210
Stuart Paul	<b>1.267</b>				
John Pearson	<b>1.096</b>	0.914	0.858	0.897	0.901
Ian Pickering		1.093	1.199	1.100	1.051
Richard Price	<b>0.661</b>	0.661			
Samanth Pritchard	<b>1.313</b>				
Rick Roberts	<b>1.182</b>	1.161	1.145	1.204	1.329
Susan Roberts	<b>1.799</b>	1.673	1.879	1.666	2.092
John Robertson	<b>1.306</b>	1.274			
Kieran Rose	<b>0.878</b>				
Peter Rose	<b>1.214</b>	1.138			1.467
Robert Rose	<b>0.775</b>	0.777	0.832	0.876	0.871
Mick Sadler	<b>1.263</b>				
Geoff Sara	<b>1.824</b>	1.681	2.021	2.153	2.480
Robert Scott	<b>1.202</b>	1.075		1.058	1.178
Alison Sloman	<b>1.836</b>	1.674	1.908	1.494	1.431
David Smith	<b>0.871</b>	0.874	0.884	0.874	
Romualdas Stupelis	<b>0.681</b>		0.646		0.646
Nick Taylor	<b>1.500</b>	1.459	1.873	1.754	1.649
James Thomas	<b>0.848</b>	0.835	1.032	0.930	
Craig Thompson	<b>0.814</b>				
James Thompson			0.984	0.984	1.172
Karen Thompson	<b>1.038</b>	1.010	1.007	1.202	1.140
Simon Thompson	<b>0.740</b>	0.751		0.684	0.766
Geff Trewin	<b>0.861</b>	0.753	0.856	0.817	0.803
Jenny Uff	<b>2.620</b>	2.737			
Robert Vickers	<b>1.439</b>	1.316	1.381	1.360	1.446
Beatte Wagner		2.009	2.009		
Paul Watterson	<b>1.270</b>	1.245	1.429	1.426	1.396
Julia Wilkinson	<b>1.528</b>	1.309	1.303	1.312	1.335
Michael Wilkinson	<b>1.079</b>	1.241	1.303	1.200	1.209
David Williams	<b>0.681</b>	0.741	0.782	0.786	0.663
Paul Wolstenholme	<b>1.003</b>	1.003	0.972	1.000	1.065