

Bert Pardoe Handicaps

These are used to decide the best performance on the day using handicap factors calculated from your times in recent events. They are based on your running speed in events including West Midlands League events, the Compass Sport Cup and other local events where our Members compete. Your running speed is compared to the average running speed of other competitors so a handicap of 1 means that on average you are running as fast as the average competitor and a handicap of 0.5 means that you are running twice as quickly as the average competitor. It only includes results on TD4 & TD5 courses and does not include urban events or night events which is why some members may not be included.

	December 2024	December 2023	December 2022	December 2021	June 2021
David Aldridge	0.628	0.593	0.635	0.604	0.638
Katharine Atkins			0.675	0.748	0.749
Robert Atkins	0.776	0.680	0.675		0.767
Adrian Bailey	1.109	1.039	1.002	1.202	0.905
Paul Basher	0.792	0.776	0.811	0.781	0.774
Julian Bass	0.778	0.767	0.755		
John Bass	1.117	1.190			
Steve Blackmore	0.648	0.658			
Peter Blackmore	0.862				
Sebastian Blackmore	0.816				
Corrie Blackmore	1.721				
Simon Brickwood	1.659	1.872			
Eric Brown	1.265	1.393	1.145	1.080	0.981
Lesley Brown	1.312	1.323	1.088	1.127	1.140
Andrew Catmur	1.111	1.017	0.915		1.036
Ian Chafer	0.950	1.000	0.889	0.860	0.793
Steve Chiverton	1.324	1.283	1.303	1.084	0.934
Nigel Cousins		1.585	1.498	1.298	1.298
Ben Crone	0.740	0.740			
Richard Davies	0.850	0.812	0.913	0.874	0.849
Phil Dolphin		1.148	1.228		
Russ Fauset	1.274	1.359	1.155	1.172	1.150
Isla Foffa	0.652				
Davide Foffa	0.961				
Ashley Ford		1.390	1.404	1.432	1.431
Barbara Ford		2.577		2.376	2.376
Rew Francis	1.303				
Ian Gamlen	0.788	0.829	0.767	0.802	0.808
Jeremy Gere	1.210	1.437			
Jane Gill	1.740	1.905			
Paul Hammond	1.497	1.492	1.221	1.145	1.284
Andy Hemsted	0.913	0.806	0.744	0.767	0.752
Penny Hemsted		2.295			
Barry Houghton	1.099	1.081	0.923	0.872	0.916
Jason Howell	0.649	0.645	0.632	0.657	0.657
Alex Hudson	0.875				
Brian Hughes	1.061	1.052	0.882	0.879	0.864
Andy Johnson	1.049	1.054	1.006	1.033	1.028
Karl Kingsman	0.806	0.806	0.811	0.879	0.915
Robin Lambe		1.303			
Simon Lanckham	0.768	0.740			

Peter Langmaid	0.915	0.915	0.907	0.859	0.812
Brian Laycock			2.001	1.607	1.385
Eloise Lee	0.738	0.698	0.738	0.786	0.791
Kin Wai Lee	0.651				
John Leeson	0.740	0.732	0.726	0.738	0.767
Joanne Leigh	0.191	1.183	1.197	1.509	
Ka Man Leung	1.402				
Lap On Leung	1.088	1.059			
Kwokkay Lo	1.099	1.087			
Mandy Mackereth	1.136	1.138	1.141	1.146	1.068
Chris McCartney	0.598	0.609	0.597	0.640	
Barry McGowan	1.394	1.593	1.292	1.324	1.141
Alexander Mitchell	0.779			0.587	0.624
Arthur Mitchell	0.836	0.836	0.880	1.118	1.117
Kerstin Mitchell	1.069	1.101	0.996	1.114	1.114
Sebastian Mitchell		1.105	1.052	0.888	0.888
Martin Mitchell	1.478	1.550			
Ian Moore	1.281	1.281	1.160	1.354	1.413
Charlotte Moore		1.939			
Alex Morgan	0.674	0.646	0.621	0.655	0.657
Charles Nelson	1.051	1.051	0.892	0.940	0.956
Stephen Nightingale			1.337	1.343	1.177
Stuart Paul		1.267			
John Pearson	1.077	1.096	0.914	0.858	0.897
Ian Pickering			1.093	1.199	1.100
Philip Presland	0.964				
Richard Price		0.661	0.661		
Samanth Pritchard	1.238	1.313			
Rick Roberts	1.161	1.182	1.161	1.145	1.204
Susan Roberts	1.799	1.799	1.673	1.879	1.666
John Robertson		1.306	1.274		
Kieran Rose	1.008	0.878			
Peter Rose	1.236	1.214	1.138		
Robert Rose	0.839	0.775	0.777	0.832	0.876
Andrew Sadler	0.726				
Mick Sadler	1.282	1.263			
Geoff Sara	2.513	1.824	1.681	2.021	2.153
Robert Scott	1.237	1.202	1.075		1.058
Alison Sloman	1.689	1.836	1.674	1.908	1.494
David Smith	0.951	0.871	0.874	0.884	0.874
Robertas Stupelis	1.157				
Romualdas Stupelis	0.639	0.681		0.646	
Nick Taylor	1.680	1.500	1.459	1.873	1.754
James Thomas	0.838	0.848	0.835	1.032	0.930
Craig Thompson	0.659	0.814			
Karen Thompson	1.015	1.038	1.010	1.007	1.202
Simon Thompson	0.695	0.740	0.751		0.684
Geoff Trewin	0.856	0.861	0.753	0.856	0.817
Jenny Uff		2.620	2.737		
Robert Vickers	1.636	1.439	1.316	1.381	1.360
Beatte Wagner			2.009	2.009	
Paul Watterson	1.479	1.270	1.245	1.429	1.426
Andrew White	0.826	0.901	0.927	0.958	1.020
Marian White	1.138	1.167	1.111	1.067	1.052
Julia Wilkinson	1.349	1.528	1.309	1.303	1.312
Michael Wilkinson	1.250	1.079	1.241	1.303	1.200
David Williams	0.678	0.681	0.741	0.782	0.786
Paul Wolstenholme	0.949	1.003	1.003	0.972	1.000
Taiki Yuya	0.710				