

**GREEN**

4.6km. 180m climb

1	John Pearson	HOC	M60	49:30	
2	Colin Palmer	HOC	M65	63:02	
3	Peter Langmaid	HOC	M40	65:57	
4	Mike Dugmore	HOC	M70	68:07	
5	Alex Roberts	HOC	M18	68:08	
6	Russ Fauset	HOC	M60	68:29	
7	Keith Ashley	IND	M60	69:55	
8	Robert Vickers	HOC	M60	70:17	
9	Jeb Lewis	IND	M35	72:05	
10	John Bennison	COBOC	M65	78:02	
11	Pat Pay	HOC	M70	83:57	
12	Steve Nightingale	HOC	M60	85:36	
13	Alison Sloman	HOC	W70	92:00	
14	David James	NGOC	M70	92:16	
15	Barbara Ford	HOC	W55	124:35	
	Ashley Ford	HOC	M55	98:23	Missing n <sup>o</sup> 7
	Ros James	SMOC	W45		RET
	Jacky Embrey	HOC	W50		RET
	Carys James	SMOC	W18		RET

**BLUE**

6.3km. 230m climb

1	John Embrey	HOC	M50	60:39	
2	David Williams	HOC	M45	61:39	
3	Steve Parker	WRE	M45	76:06	
4	Clive Caffall	HOC	M45	79:21	
5	Karl Kingsman	HOC	M45	90:26	
6	Barry McGowan	HOC	M60	98:53	
7	Roger Keeling	HOC	M65	99:30	
8	Nigel Cousins	HOC	M55	99:32	
	Alan McKinley	HOC	M35		RET