

## LICKEY HILLS SEE 10/5/2012

### RESULTS

<b>GREEN Course</b>	4.1km, 170m climb, 16 controls		
Charlie Nelson	HOC	M60	0:47:04
Adrian Bailey	HOC	M45	0:54:18
Steph Howarth	OD	W21	0:56:35
Colin Spears	HOC	M75	0:58:22
Kerstin Mitchell	HOC	W45	0:58:41
John Pearson	HOC	M60	0:59:46
Russ Fauset	HOC	M65	1:01:19
Robert Vickers	HOC	M70	1:06:28
Colin Palmer	HOC	M65	1:08:58
Stephen Bramwell	HOC	M60	1:11:30
John Bennison	COBOC	M65	1:13:49
Ashley Ford	HOC	M60	1:14:38
Alison Sloman	HOC	W75	1:15:45
Nigel Cousins	HOC	M60	1:17:42
Barbara Ford	HOC	W55	1:46:00
Steve Nightingale	HOC	M60	RETIRED

<b>BLUE Course</b>	6.2km, 215m climb, 24 controls		
Chris Embrey	HOC	M21	0:50:20
Chris McCartney	OD	M40	0:57:08
David Williams	HOC	M50	0:59:10
Geff Trewin	HOC	M60	0:59:13
Mike Baggott	HOC	M60	1:00:10
John Leeson	HOC	M50	1:04:33
Steve Parker	WRE	M40	1:07:18
Peter Langmaid	HOC	M40	1:09:33
Barry Houghton	HOC	M65	1:12:30
Karl Kingsman	HOC	M45	1:20:32
Barry McGowan	HOC	M65	1:24:55
Andy Plante	HOC	M55	1:52:17

<b>YELLOW Course</b>	1.3km, 50m climb, 6 controls		
Alex Mitchell	HOC	M10	0:16:37
James Thompson	HOC	M6	0:16:40
Sebastian Mitchell	HOC	M8	0:16:48
Dhillon and Archie			0:25:24
Craig Thompson	HOC	M3	0:29:00
Elenor and Taylor			0:29:19
John Tom and Matt			0:29:28
Callum and Jacob			0:29:57
Toby and Frank			0:33:12

**ORANGE Course** 1.9km, 95m climb, 9 controls

Lin Page	OD	W55	0:33:27
Dan Johnson and Alex Jolly		M13	0:46:00
Flo Needham and Heidi Collie		W11	0:52:20
Ed Shinner and Max Lloyd		M12	0:56:44
Toby Burrows and Will Cutress		M12	1:14:55

**PLANNER'S NOTES**

Thanks to everyone who came out. I hope everyone enjoyed themselves. Despite the forecast, we managed to hold the event without rain, although I got a bit damp putting out controls earlier in the day. From the times, it looks like I made the courses a bit too hard. Sorry about that, although I think the very wet and muddy paths after all the rain we've had contributed to the slower times as well—it was one of those few days where running in the forest was probably quicker than on the paths, especially at the South of the map.

Thanks in particular to Sam Chambers and Geff Trewin for helping with registration, and to John Leeson, Peter Langmaid, Barry McGowan, Ashley Ford, and especially Karl Kingsman (who got the furthest ones) for helping with control collecting. After last week where only one runner stayed to help Andy collect them in, it was nice to see so many willing to help.