

Blue (5.6km, 250m climb)

Name	Club	Class	POC Time	Course Time
1 Jason Howell	HOC	M45	22:50	38:52
2 Mike Baggott	HOC	M60	29:16	49:29
3 John Pearson	HOC	M65	32:17	54:36
4 Adrian Bailey	HOC	M45	33:23	56:25
5 Barry Houghton	HOC	M65	35:46	56:44
6 Clive Caffall	HOC	M50	32:19	57:17
7 Peter Langmaid	HOC	M45	31:52	57:26
8 James Wilkinson	HOC	M21	32:23	58:43
9 Steve Chiverton	HOC	M60	35:45	58:44
10 Robert Rose	HOC	M21	35:09	59:26
11 Terry Pallister	IND	M65	40:47	65:08
12 Barry McGowan	HOC	M65	39:51	67:15

Green (3.6km, 150m climb)

1 Andy White	HOC	M55	30:44	31:49
2 Alex Mitchell	HOC	M12	31:29	31:55
3 Nigel Cousins	HOC	M60	36:43	37:14
4 Robert Vickers	HOC	M70	37:39	38:06
5 Mike Dugmore	HOC	M70	43:29	44:06
6 Julia Wilkinson	HOC	W55	46:23	47:08
7 Colin Palmer	HOC	M70	48:14	48:57
8 Marian White	HOC	W50	50:39	51:22
9 Russ Fauset	HOC	M65	50:56	51:45
10 Brian Laycock	HOC	M65	51:51	52:20
11 Pat Pay	WRE	M75	54:15	55:03
12 David Jones	NGOC	M70	58:48	59:48
13 Jenny Uff	HOC	W60	76:57	78:13