

Event Information V1
as of 20th May 2024
(flyers are often
revised)

Harlequins Orienteering Club

Invite you to a District (C4) event

At

Western Castlemorton Common & Hollybed Common

On

Thursday 6th June 2024

Orienteering in
Worcester, Hereford,
South Shropshire,
Black Country and
Birmingham.

- Venue & Travel** Castlemorton Common is alongside the south east side of Malvern Ridge.
Registration will be in Swinyard car park, marked with an orienteering flag.
Post code: HR8 1EU
3Words: <https://w3w.co/goodness.carpeted.goggles>
- Parking:** Parking is at the MHT Swinyard carpark. £5.25 all day or £3 after 6pm. Please car share if possible. Parking is open 24 hours.
- Terrain:** Castlemorton Common is a mainly flat open grass area with a complex network of bushes and some small wooded sections. It is grazed by both cattle and sheep. The vegetation has grown a lot so full leg cover recommend. Generally very runnable.
- Map:** A4 1:7500 map updated 2024 by Brian Hughes. Mapped for winter. Map is not waterproof so please bring own map bag if necessary.
- Courses:** One course approximately 6.5km 23 Controls 100m (Subject to change). Linear score format; 1 hour time limit, 10 points per control visited, 1 point penalty for every 6 seconds over the time limit - controls must be visited in order, but you can leave some out - e.g. 1, 3, 6, 9, 18, scores 50 points, but 1, 5, 3, 9, 6 would only score 30. If confused just ask on the day, it is not as complicated as it sounds.
- Entries:** Enter by emailing robthomasrose@icloud.com with Name, age, SI Card number or request to hire one and Club if you have one. I will accept pre entries up to 12 Midnight on the 5th June.
There will be entry on the day, but subject to map availability. Please pre enter if you know you are coming.
- Starts:** 17:30 - 19:00hrs. Approx 1K
walk to start
- Punching:** Control Cards or Electronic Punching using SportIdent. NOT SIAC ENABLED. Please bring your SI-Card to registration. SI-Cards may be hired for £1.00
- Fees:** Per Map £5 Juniors £2
- Dogs:** Dogs welcome
- Facilities:** There are no toilet facilities. Please go before you arrive.
- Officials:** Organiser Robert Rose, 07522060450 and robthomasrose@icloud.com
- Safety:** Competitors take part at their own risk. Whistles must be carried. In case of bad weather competitors may be required to wear(carry) water- and wind-proof tops (aka cagoules). I.e wear appropriate clothes for the conditions.
If you suffering Covid 19 symptoms (see NHS website) please do not run. Remember to give people 2m space. Hand wash / wipes will be available at registration.

Please note, due to ankle height bramble in some places, orienteering gaiters are recommended.
- Website & Cancellation:** For the latest information check: <http://www.harlequins.org.uk>
HOC reserve the right to retain part/all of any pre-entry fees to cover committed costs