

## Harlequins Orienteering Club Invite you to take part in a

## Summer Evening Event

## Lickey & Cofton Park

Thursday 11th July 2024



Orienteering in Worcester, Hereford, South Shropshire, Black Country and Birmingham.

Venue and Parking:

The Oak Tree, Rednal B45 8UX (https://www.oaktreepub.co.uk/).

Roadside parking on opposite side of road or parking at pub, please go through lower

carpark then up to upper carpark to allow pub goers priority.

Travel:

Approx 1.5 mile from Longbridge station - if require a pick-up please ask.

Terrain:

A mixed bag of orienteering terrain, footpath running and urban taking in parts of the Lickey Hills map, Cofton Common, interesting urban and surrounding footpaths.

Please see notes on SCORING, those who take time to climb hills or go the extra mile will

be rewarded by magnificent views (and more points).

Map:

A4 sized 1:10,000 scale map on Open O map - hoping to have insert of Lickey O Map. Printed on non-waterproof paper so please bring a transparent map bag. Control

descriptions in loose format

Course & Scoring:

Using MapRun6 App which is free to download onto a smart 'phone.

60 minute score, with controls taken in any order. Variable points scoring as follows:

Control no.s 0-9 = 10 points each, Control no.s 10-19 = 20 points each, Control no.s 20-23

= 30 points each

Any time over 60 minutes will be penalised at the rate of 10 points per minute, or part thereof. PIN number to unlock the course will be provided on the night. Competitors may

adjust scores using HITMO function.

**Entries:** 

Please notify planner in advance to reserve a map. Entries £5/ adult & £2/junior. Under

16s to be accompanied.

Registration & **Start Times:** 

Starts from 6.00pm to 7.15pm and course closes at 8:15pm. Persons wanting to run

earlier, or who may arrive later, should notify Planner.

Facilities:

Pub of the night is The Oak Tree - see website above. Please join us for drink/food after

your run.

Officials:

: Karen Thompson, email thompsonkl542452@aol.com 07740 373404 Planner

Safety:

Competitors take part at their own risk. Runners should take care when crossing all roads, there are three potential busy road crossings on route, please take care. Please keep to footpaths over fields. There is possibility of meeting mountain bikers and dog walkers in Lickey Country Park, they will have priority over orienteers.

Website &

Cancellation

For the latest information check event pages at: http://www.harlequins.org.uk