

Raw Position	FIRSTNAME	SURNAME	GENDER	YOB	CLUB	Direction	MapRun Time	Watch Time (if different)	Run Time	Age Factor			Adjusted Time			Position			Distance	Pace	Control #				Splits			
										M	F	F→M	M	F	O	M	F	O			C1	C2	C3	C4	0	1	2	3
1	Ben	Crone	M	1987	HOC	A	00:22:56		00:22:56	0.98			00:22:35		00:22:35	4		4	5.03	04:34:00	4	3	2	1	00:02:50	00:06:27	00:11:46	00:21:06
2	Steve	Blackmore	M	1977	HOC	C	00:23:57		00:23:57	0.92			00:22:01		00:22:01	2		2	5.11	04:41:00	1	2	3	4	00:02:47	00:08:40	00:17:50	00:20:59
3	Richard	Harrison	M	1976	IND	C	00:27:19		00:27:19	0.91			00:24:52		00:24:52	5		6	5.39	05:04:00	1	2	3	4	00:02:55	00:09:11	00:20:21	00:23:56
4	Alex	Morgan	M	1964	HOC	C	00:27:57		00:27:57	0.79			00:22:10		00:22:10	3		3	5.29	05:17:00	1	2	3	4	00:03:42	00:10:12	00:21:00	00:24:31
5	David	Williams	M	1962	HOC	A	00:28:02		00:28:02	0.77			00:21:41		00:21:41	1		1	4.96	05:39:00	4	3	2	1	00:03:22	00:07:29	00:14:07	00:25:55
6	Lucy	Porter	F	1972	IND	C	00:33:11		00:33:11		0.87	0.75		00:28:43	00:24:51		1	5	5.65	05:52:00	1	2	3	4	00:05:17	00:12:56	00:25:07	00:29:37
7	Lucy	Porter	F	1972	IND	A	00:34:45	00:34:25	00:34:25		0.87	0.75		00:29:47	00:25:46		#N/A	#N/A	5.78	06:01:00	4	3	2	1	00:03:57	00:09:49	00:18:11	00:30:47
8	Karl	Davies	M	1961	MERCIA	A	00:34:45	00:34:25	00:34:25	0.76			00:26:17		00:26:17	7		8	5.78	06:01:00	4	3	2	1	00:03:57	00:09:49	00:18:11	00:30:47
9	Greg	Best	M	1962	NGOC	C	00:35:46		00:35:46	0.77			00:27:40		00:27:40	10		11	5.2	06:53:00	1	2	3	4	00:04:44	00:13:21	00:26:18	00:31:03
10	Peter	Langmaid	M	1968	HOC	C	00:36:29		00:36:29	0.83			00:30:21		00:30:21	11		12	5.22	06:59:00	1	2	3	4	00:04:09	00:13:24	00:26:59	00:31:46
11	Rew	Francis	M	1964	HOC	A	00:38:30		00:38:30	0.79			00:30:32		00:30:32	12		13	5.66	06:48:00	4	3	2	1	00:04:21	00:09:57	00:19:56	00:35:12
12	Paul	Hammond	M	1962	HOC	C	00:39:58		00:39:58	0.77			00:30:55		00:30:55	13		14	4.99	08:01:00	1	2	3	4	00:04:37	00:13:59	00:30:10	00:35:05
13	Charles	Nelson	M	1951	HOC	C	00:40:30	00:40:00	00:40:00	0.67			00:26:38		00:26:38	8		9	5.04	08:02:00	1	2	3	4	00:04:54	00:14:58	00:29:36	00:34:51
14	Nigel	Cousins	M	1952	HOC	A	00:40:31		00:40:31	0.68			00:27:23		00:27:23	9		10	5.09	07:58:00	4	3	2	1	00:05:16	00:10:39	00:21:43	00:37:21
15	Bass	Julian	M	1964	HOC	C	00:41:32		00:41:32	0.79			00:32:56		00:32:56	15		16	5.39	07:42:00	1	2	3	4	00:04:30	00:14:10	00:28:23	00:36:13
16	John	Bass	JM	2010	HOC	C	00:41:34		00:41:34	0.94			00:38:52		00:38:52	16		19	4.96	08:23:00	1	2	3	4	00:04:21	00:14:00	00:29:17	00:36:19
17	Kate	Thompson	F	1981	IND	A	00:41:36		00:41:36		0.93	0.82		00:38:38	00:34:07		2	17	5.53	07:31:00	4	3	2	1	Err:520	00:10:19	00:20:13	00:35:42
18	Jade	Jones	F	1990	IND	A	00:41:40		00:41:40		0.99	0.89		00:41:13	00:37:05		3	18	5.9	07:04:00	4	3	2	1	Err:520	00:10:21	00:20:18	00:36:28
19	Robert	Vickers	M	1942	HOC	A	00:45:08		00:45:08	0.57			00:25:42		00:25:42	6		7	5.36	08:25:00	4	3	2	1	00:05:27	00:12:24	00:23:18	00:41:28
20	Mick	Sadler	M	1949	HOC	C	00:49:32	00:48:26	00:48:26	0.65			00:31:18		00:31:18	14		15	5.37	09:13:00	1	2	3	4	00:05:27	00:18:47	00:35:19	00:42:55
21	Adrian	Bailey	M	1966	HOC	C	00:49:51		00:49:51	0.81			00:40:30		00:40:30	16		20	5.18	09:37:00	1	2	3	4	00:05:31	00:16:38	00:35:48	00:43:50