

# JUNE JAUNTER 2024

13<sup>th</sup> June 2024

Thank you all for coming – on what, in my experience at least, was the coldest June Jaunter on record. Thank you to Alex for pointing out that the proper date should be the closest Thursday to the Summer Solstice – I'll get that reserved for next year.

A PDF and XLSX of the DETAILED results – with splits and age grading factors and etc. will be uploaded to the HOC website.

Age grading, within gender, uses the tables at <http://www.howardgrubb.co.uk/athletics/mldrroad20.html>

For age grading with gender compensation I multiplied the already age graded female times by the ratio between world best Female and Male 5K times. This is 0.90 between 20 and 39 years of age and then  $(0.954 - 0.001677 * \text{Age})$ . The two factors are based on a linear regression to eliminate inconsistencies due to outlier times in older ages.

I appear to be ageing as expected – the average of my best three non-veteran times is 21:29. My age graded result this year is 21:41. For Robert the equivalents are 26:01 and 25:42 although in his mid 40s Robert achieved an age graded 22:37.

David Williams

## All Results in Time Order

Raw Position	FIRSTNAME	SURNAME	GENDER	YOB	CLUB	Direction	MapRun Time	Watch Time (if different)	Run Time
1	Ben	Crone	M	1987	HOC	A	00:22:56		00:22:56
2	Steve	Blackmore	M	1977	HOC	C	00:23:57		00:23:57
3	Richard	Harrison	M	1976	IND	C	00:27:19		00:27:19
4	Alex	Morgan	M	1964	HOC	C	00:27:57		00:27:57
5	David	Williams	M	1962	HOC	A	00:28:02		00:28:02
6	Lucy	Porter	F	1972	IND	C	00:33:11		00:33:11
7	Lucy	Porter	F	1972	IND	A	00:34:45	00:34:25	00:34:25
8	Karl	Davies	M	1961	MERCIA	A	00:34:45	00:34:25	00:34:25
9	Greg	Best	M	1962	NGOC	C	00:35:46		00:35:46
10	Peter	Langmaid	M	1968	HOC	C	00:36:29		00:36:29
11	Rew	Francis	M	1964	HOC	A	00:38:30		00:38:30
12	Paul	Hammond	M	1962	HOC	C	00:39:58		00:39:58
13	Charles	Nelson	M	1951	HOC	C	00:40:30	00:40:00	00:40:00
14	Nigel	Cousins	M	1952	HOC	A	00:40:31		00:40:31
15	Bass	Julian	M	1964	HOC	C	00:41:32		00:41:32
16	John	Bass	JM	2010	HOC	C	00:41:34		00:41:34
17	Kate	Thompson	F	1981	IND	A	00:41:36		00:41:36
18	Jade	Jones	F	1990	IND	A	00:41:40		00:41:40
19	Robert	Vickers	M	1942	HOC	C	00:45:08		00:45:08
20	Mick	Sadler	M	1949	HOC	C	00:49:32	00:48:26	00:48:26
21	Adrian	Bailey	M	1966	HOC	C	00:49:51		00:49:51

Correction: Robert Vickers went Anti-Clockwise (the master spreadsheet has been updated)

## Open Results in Time Order

Raw Position	FIRSTNAME	SURNAME	GENDER	YOB	CLUB	Direction	MapRun Time	Watch Time (if different)	Run Time
1	Ben	Crone	M	1987	HOC	A	00:22:56		00:22:56
2	Steve	Blackmore	M	1977	HOC	C	00:23:57		00:23:57
3	Richard	Harrison	M	1976	IND	C	00:27:19		00:27:19
4	Alex	Morgan	M	1964	HOC	C	00:27:57		00:27:57
5	David	Williams	M	1962	HOC	A	00:28:02		00:28:02
6	Karl	Davies	M	1961	MERCIA	A	00:34:45	00:34:25	00:34:25
7	Greg	Best	M	1962	NGOC	C	00:35:46		00:35:46
8	Peter	Langmaid	M	1968	HOC	C	00:36:29		00:36:29
9	Rew	Francis	M	1964	HOC	A	00:38:30		00:38:30
10	Paul	Hammond	M	1962	HOC	C	00:39:58		00:39:58
11	Charles	Nelson	M	1951	HOC	C	00:40:30	00:40:00	00:40:00
12	Nigel	Cousins	M	1952	HOC	A	00:40:31		00:40:31
13	Bass	Julian	M	1964	HOC	C	00:41:32		00:41:32
14	Robert	Vickers	M	1942	HOC	C	00:45:08		00:45:08
15	Mick	Sadler	M	1949	HOC	C	00:49:32	00:48:26	00:48:26
16	Adrian	Bailey	M	1966	HOC	C	00:49:51		00:49:51

## Female Results in Time Order

Raw Position	FIRSTNAME	SURNAME	GENDER	YOB	CLUB	Direction	MapRun Time	Watch Time (if different)	Run Time
1	Lucy	Porter	F	1972	IND	C	00:33:11		00:33:11
N/A	Lucy	Porter	F	1972	IND	A	00:34:45	00:34:25	00:34:25
2	Kate	Thompson	F	1981	IND	A	00:41:36		00:41:36
3	Jade	Jones	F	1990	IND	A	00:41:40		00:41:40

## Junior Men Results in Time Order

Raw Position	FIRSTNAME	SURNAME	GENDER	YOB	CLUB	Direction	MapRun Time	Watch Time (if different)	Run Time
1	John	Bass	JM	2010	HOC	C	00:41:34		00:41:34

## Male Results in Age Graded Time Order

Raw Position	FIRSTNAME	SURNAME	GENDER	YOB	CLUB	Direction	Age Graded Time
1	David	Williams	M	1962	HOC	A	00:21:41
2	Steve	Blackmore	M	1977	HOC	C	00:22:01
3	Alex	Morgan	M	1964	HOC	C	00:22:10
4	Ben	Crone	M	1987	HOC	A	00:22:35
5	Richard	Harrison	M	1976	IND	C	00:24:52
6	Robert	Vickers	M	1942	HOC	C	00:25:42
7	Karl	Davies	M	1961	MERCIA	A	00:26:17
8	Charles	Nelson	M	1951	HOC	C	00:26:38
9	Nigel	Cousins	M	1952	HOC	A	00:27:23
10	Greg	Best	M	1962	NGOC	C	00:27:40
11	Peter	Langmaid	M	1968	HOC	C	00:30:21
12	Rew	Francis	M	1964	HOC	A	00:30:32
13	Paul	Hammond	M	1962	HOC	C	00:30:55
14	Mick	Sadler	M	1949	HOC	C	00:31:18
15	Bass	Julian	M	1964	HOC	C	00:32:56
16	John	Bass	JM	2010	HOC	C	00:38:52
17	Adrian	Bailey	M	1966	HOC	C	00:40:30

## Female Results in Age Graded Time Order

Raw Position	FIRSTNAME	SURNAME	GENDER	YOB	CLUB	Direction	Age Graded Time
1	Lucy	Porter	F	1972	IND	C	00:28:43
N/A	Lucy	Porter	F	1972	IND	A	00:29:47
3	Kate	Thompson	F	1981	IND	A	00:38:38
4	Jade	Jones	F	1990	IND	A	00:41:14

## All Results in Age Graded Time Order

Raw Position	FIRSTNAME	SURNAME	GENDER	YOB	CLUB	Direction	Age Graded Time
1	David	Williams	M	1962	HOC	A	00:21:41
2	Steve	Blackmore	M	1977	HOC	C	00:22:01
3	Alex	Morgan	M	1964	HOC	C	00:22:10
4	Ben	Crone	M	1987	HOC	A	00:22:35
5	Lucy	Porter	F	1972	IND	C	00:24:51
6	Richard	Harrison	M	1976	IND	C	00:24:52
7	Robert	Vickers	M	1942	HOC	C	00:25:42
N/A	Lucy	Porter	F	1972	IND	A	00:25:46
8	Karl	Davies	M	1961	MERCIA	A	00:26:17
9	Charles	Nelson	M	1951	HOC	C	00:26:38
10	Nigel	Cousins	M	1952	HOC	A	00:27:23
11	Greg	Best	M	1962	NGOC	C	00:27:40
12	Peter	Langmaid	M	1968	HOC	C	00:30:21
13	Rew	Francis	M	1964	HOC	A	00:30:32
14	Paul	Hammond	M	1962	HOC	C	00:30:55
15	Mick	Sadler	M	1949	HOC	C	00:31:18
16	Bass	Julian	M	1964	HOC	C	00:32:56
17	Kate	Thompson	F	1981	IND	A	00:34:07
18	Jade	Jones	F	1990	IND	A	00:37:05
19	John	Bass	JM	2010	HOC	C	00:38:52
20	Adrian	Bailey	M	1966	HOC	C	00:40:30