

Parking: At the Highgate Common Cory centre West of Wombourne and Swindon, Map reference SO 835895. Nearest Post Code DY7 5BS continue South 500m. Signs only at car park.

Terrain: A diverse mix of undulating heath-land and wood. Many paths and lots of fast running. Some areas have been cleared of encroaching birch and oak saplings to help the heath-land regenerate and ensure survival of the many rare invertebrates. The Common is an SSSI, please avoid the sensitive areas marked on the map as Out Of Bounds. Unfortunately during Covid restrictions the volunteers could not continue working and there are some areas of dense sapling regrowth which we have not managed to get on top of yet. To avoid spreading any plant or tree diseases, please ensure footwear is cleaned and dried prior to taking part.

Map: A4 1:7,500, Updated recently by Alison Sloman. Printed on non-waterproof paper, please bring a map bag. Control descriptions will be on the map.

Format and Controls: 60 minute time limit. One course approx **5.9Km** with little climb. Controls must be taken in numerical order but controls may be missed out.10 points per control.1 point lost for every 6 seconds or part thereof that you are late. Full SI, (not SIAC enabled).

Entry Fees and Times: Seniors £5, Juniors £2, under 16's must be accompanied by a responsible adult. Dibber hire £1. Starts from about 6:00pm. <u>Cash only please!</u>

Entries: Preferably via email to **bj7491H@outlook.com**, phone 07865495637 or via the forum. Please provide Name, Club, Age-class, Si number (or Hire), and contact number. There will be limited entry-on-the-day, subject to map availability.

Facilities and Food. Toilets. <u>Meeting room, And Fish and Chips Please order food</u> before the event. Large F&C £8, Mini F&C £4.60

Planner /Organiser: Barry Houghton, bj7491H@outlook.com Phone 07865495637.

Safety: - Please do not attend if you have any symptoms of Covid-19.

A whistle and a spare torch must be carried. In case of bad weather you may be required to have water and wind-proof tops.

You MUST report to the Finish even if you retire.

All competitors take part at their own risk.