

	The car park entrance is signed once in Buttonoak village. Beware speeding vehicles despite the 30mph limit! Nearest postcode DY12 3AQ. What3Words:///basically.lizards.saints. Grid reference: S0754779.
Parking:	Car parking is a good sized field accessed from the B4194 but may, however, be soft after wet weather, and may not be suitable for heavier vehicles such as motorhomes or coaches. Please notify organiser if you intend bringing a minibus or coach. £1-00 charge will be collected from each vehicle in the car park field to cover the landowner's fee. Registration and Assembly are located in the car park field. In view of the restricted gateway, no departure before 12:00hs.
Start and Finish	The Start and Finish are located approximately 1km from Assembly along a flat and easy path. The route will be taped and signed. Allow 15-20 minutes walk. The route from Assembly begins with a marshalled crossing across the B4194; for your own safety, you must comply with the marshal's crossing instructions . Along the route to and from the Start you may encounter a few untethered cattle grazing the woodland; leave them alone and they will ignore you. Near the Start are some timber stacks ; you must not sit or climb on these. Comply with the Forestry England warning signs. A clothing dump will be located close to the Start and en route from the Finish. Bring your own named bag.
Terrain:	The Longdon features typical undulating Wyre Forest terrain in mixed woodland. As with much of the Wyre Forest with public access, the area is popular with dog walkers , horse riders , and mountain bikers ; competitors should take care not to conflict with other members of the public accessing the area. There are several environmentally-sensitive OOB areas on the map; please make sure that you do not enter these. Best routes will avoid these parts of the forest.
Мар:	Pre-marked and waterproof. 1:10000 with 5m contours, Mapped by Alison Sloman and updated in Autumn 2022. All courses will have an A4 portrait map. On the Brown course some of the legend will be obscured by the control descriptions. There are no unusual map features on the hidden part of the legend.
Courses:	Course details subject to final controlling:

Course Length(k) Climb(m)

Brown	8.0	230
Blue	5.9	150
Green	4.4	120
Short Green	3.2	100
Light Green	3.2	80
Orange	2.6	60
Yellow	2.1	55
White	1.3	30

There will be no String course

Courses close at 2.30pm. In view of the remote Finish, and the early sunset in January, please start early if you think that you might take more than 120 minutes to complete your course.

Entries and Pre-entry via <u>www.fabian4.co.uk.</u>, as below, is required to guarentee a map.

Fees

By 08 January: Seniors £10 (plus £2-00 for non-BOF members) Juniors £4-00 (plus £1-00 for non-BOF members)
By 11 January: Seniors £13 (plus £2-00 for non-BOF members) Juniors £6-00 (plus £1-00 for non-BOF members)

Orange, yellow and white courses will be charged at junior rate for all competitors.

Very limited EOD subject to map availability at the following prices. Seniors £14 (plus £2-00 for non-BOF members) Juniors £7-00

- Registration: 1000 1200hrs for as long as maps are Starts: 1030 1230 hrs. available
- **Punching:** Electronic Punching using SportIdent. **SIAC will not be activated**. SI-Cards may be hired for £1.00; collect from Registration. Punching start; follow instructions from Start officials for next available slot.

Dogs: Dogs on leads are permitted. Please keep on the lead in the Assembly/Car park area in the interests of their safety. The walk to the Start and from the Finish passes through environmentally-sensitive areas, plus untethered cattle may be encountered. For this reason dogs must be on the lead throughout.

- Facilities:Hired mobile toilets in Assembly.First Aid, provided by HOC club first aiders, will be located at the Finish. A small FirstAid kit will also be available at the Information/Download tent.
- Officials: Organiser Steve Chiverton Tel: 07815 707618 or email: longdonjan23@gmail.com Planner Andy Hemsted HOC Controller Henry Morgan POTOC
- Safety:Competitors take part at their own risk.Whistles must be carried.No whistle, No go!In view of the season, competitors are strongly encouraged to wear/carry water- and

wind-proof hooded tops (aka cagoules). Such clothing may be required in poor weather. If this requirement is imposed, competitors will not be allowed to start unless they comply. Come prepared! The Health and Safety Risk Assessment will be available to view at the Information /Download tent. Do not attend if you have Covid 19 symptoms.

Website &For the latest information, and before you travel, check: http://www.harlequins.org.uk.Cancellation:HOC reserve the right to retain part or all of any pre-entry fees to cover committed
costs. If you are unable to attend because of Covid 19 infection, please email the
Organiser requesting cancellation of your entry.