

Harlequins Orienteering Club

Invite you to a
West Midlands Level C League Event and
incorporating an Yvette Baker Trophy/Shield
Oualifier

at

Arrow Valley Park



Orienteering in Worcester, Hereford, South Shropshire, Black Country & Birmingham

Near Redditch

Sunday 23rd March 2025

Venue & Travel

Arrow Valley Country park is located approximately 2 miles east of Redditch town centre. Registration will be near the main centre car park near the visitor centre, with access off

the B4497 which will be signed.

Postcode: B98 OLJ Grid Reference: SP062677

Parking:

Parking arrangements are yet to be finalised, owing to concerns regarding use of the

usual field. A revision of these details will be issued once known.

Note all car parks have a 2M height limit. Competitors proposing to attend in a higher

vehicle should contact the organiser.

Terrain:

Open country park with good network of footpaths, with areas of woodland and a large lake

in the north.

Map:

A3 1:7 500 with 5m contours originally mapped by Mike Baggott, with Feb 2025 update by

John Leeson.

Courses:

WML Courses, subject to final controlling are;

Course	Distance Km	Climb metres	No of Controls
Brown	7.7	90	31
Blue	6.7	80	26
Green/ YB Green	4.6	60	21
Short Green	3.5	50	21
Light Green/ YB Lt Green	3.6	45	20
Orange/ YB Orange	2.8	30	13
Yellow/ YB Yellow	1.7	25	13
White	1.5	10	13

Entries: Online via Fabian 4 until 2359 hrs Sunday 16 March. Very limited entry on the day subject to

map availability.

Registration: 1000 - 1200hrs Starts: 1030 - 1230 hrs Courses Close 1430 hrs

Key Info: Start a short distance from assembly area following tapes and return from Finish 250m NNE.

To the west, the River Arrow runs N-S and MUST be crossed via established crossing points. There is an out of bounds Slow Worm conservation area in the centre of the map that must

be avoided.

Punching: Electronic Punching using SportIdent. SIAC will be enabled, with conventional punching at

the start and finish. Please bring your SI-Card to registration. SI-Cards may be hired for

£1.00

Fees: Seniors £10 (£2 supplement for Non BOF members). Adult Newcomers /Juniors £5 only plus

£1 SI hire if required.

Dogs: Dogs welcome, as other dog walkers will be on the area but must be on lead at all times.

Please clean up after your dog.

Facilities: Portable toilets will be available.

The nearby Boathouse Café is available for refreshments, which competitors will walk past

from the Finish to Download. No muddy shoes or spikes please.

Officials: Organiser Andy Johnson HOC 07830 123843

Planner Ian Chafer HOC

Controller Henry Morgan (POTOC)

Yvette Baker Qualifier

Juniors competing in the YB Qualifier (Trophy and Shield) must be registered members of British Orienteering and should enter the Yellow, Orange, Light Green or Green courses according to their age, and avoid 'running down' if they have previous success at Major events (please refer to the YB rules for details): https://www.britishorienteering.org.uk/yvettebaker

Talk to your club's Junior Coordinator in case they would like you to enter a particular course.

To enter the competition, enter the relevant course containing a YB prefix, e.g. YB Green. Your result will only score if you have provided correct details, including your British Orienteering number, during pre-entry. It is your responsibility to check your personal details when you enter. We will be unable to make backdated adjustments after your run.

YBT competitors from the same club, on the same course, must start at least four minutes apart, so please behave fairly and make the Start helpers aware if this applies to you.

Runners may pair up on the Yellow course, if they meet the criteria outlined in the rules and stay together throughout.

Safety:

Competitors take part at their own risk. Whistles must be carried and will be checked. **NO WHISTLE - NO GO.** Full leg cover recommended. In case of bad weather competitors may be required to wear a hooded waterproof. Notices will be displayed in in the car parking area and registration if so.

The ground at Arrow Valley is quite hard to hammer in pegs. Clubs proposing to bring tents should ensure that they bring along means to weight them down.

Please be aware of other activities around the N of the lake, including people fishing and possible use of the disc golf area. Slow moving geese may also be being fed near the lake. Please be aware of other users and your surroundings at all times.

First Aid is located close to the Finish.

Other users may include horse riders, cyclists and dog walkers. In the event of heavy snow or strong winds prior to the event, please check the Harlequins or WMOA site at www.wmoa.org.uk before you travel. If there is nothing regarding cancellation, the event is ON.

YOU MUST VISIT DOWNLOAD EVEN IF YOU RETIRE

Website & For the latest information check: http://www.harlequins.org.uk

Cancellation: HOC reserves the right to retain part/all of any pre-entry fees to cover committed costs