



Orienteering in Worcester, Hereford,
Black Country and Birmingham.

Harlequins Orienteering Club
Invite you to a UK Urban League event
Inaugural Worcester City Race
Sunday 1st September 2024
Part of the West Midlands Urban League



Venue & Travel

Worcester is easily accessed via the M5 from both the North and South. If arriving by rail it is only a 5 min walk from Worcester central rail station and 2 minutes walk from the central bus station to the registration at 'The Arches', postcode WR1 3PD.

Parking & Enquiries:

Registration and Enquiries will be in 28 Arches, opposite the Hive, Worcester. Parking will be in local adjacent City Centre car parks. The Cattle Market car park, Hive car park and the Croft Road car parks are all within a 4 minute walk to the assembly at the Arches

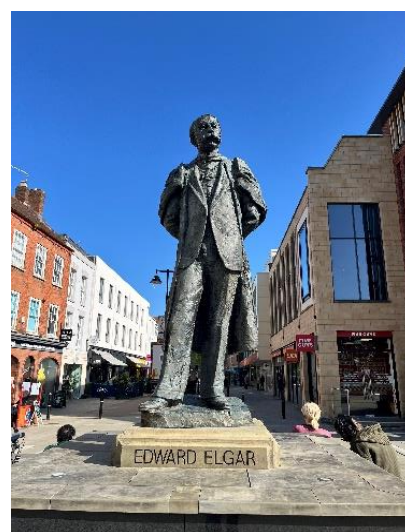
Weekend Plans

The event is being held as part of a joint weekend with North Gloucestershire Orienteering club who are hosting an Urban event in Stroud on the 31st August.

Worcester has many great landmarks to visit as well as a wealth of restaurants and shops. A great venue to make and events for an enriching weekend.

Terrain:

An exciting new area for orienteering including historical landmarks, the main city centre, canals and the University.



Map:

A brand new map created by John Leeson in August 2024 to ISSOM specification. Printed on water proof paper at a scale of 1:4,000

Courses:

See table below. For safety reasons, and in line with Governing Body guidance, there are restrictions on which courses unaccompanied Juniors can run. There is no such restriction if they are accompanied by, or shadowed by, an adult. To be eligible for UK Urban League/West Midlands urban league points, enter the course indicated in the table for your age class. Subject to final Planning / Controlling.

Entries and fees:

Entry is now open via Fabian 4 online entry system – first closing date of Sun 25th August. Seniors £10/Juniors 5.

Families and groups on course 8,9 pay a single senior fee.

Late entries will remain open until Weds 28th Aug on Fabian 4 subject to map availability (£11 Seniors/£5 Juniors)

Entry on the day dependent on map availability (Seniors £12 Juniors £6); email the organiser after Weds 28th to check availability and reserve a map.

maccacm@outlook.com

Starts

10:30 – 12:30hrs

Punching start, approx. 400m taped route from assembly.
Finish near to assembly

Course Close

14:15hrs

Please ensure that you report back to the download team.

Punching

Electronic Punching using Sportident; controls will be SIAC enabled.

SI-Cards (not SIAC) may be hired for £1.50. Lost hire cards will be charged at £30.

- Dogs:** No restrictions imposed by the landowner or organiser.
- Facilities:** Toilet arrangements – There is a toilet in the Arches and also access to toilets in the Hive building.
- Officials:** Organiser : Chris McCartney HOC – contact maccacm@outlook.com or 07828941478
Planner : Dave Aldridge HOC Controller Richard Cronin NGOC
- Safety:** Competitors take part at their own risk. Please respect pedestrians and beware of vehicles, and obey any specific instructions on the day. Shorts & vests permitted if you feel the weather is appropriate.
- Website & Cancellation:** For the latest information check: <http://www.harlequins.org.uk>
- Acknowledgements** Many thanks and appreciation to Worcester **Council** for their support and permission, without which the event could not take place.

Course	WMOA League Category	Age restrictions if unaccompanied	Senior / family	Junior
1	Men Open	Must be age 16 or older.	£10.00	£5.00
2	Women Open and Men Vet (M40-50)	Must be age 16 or older.	£10.00	£5.00
3	Men Supervet (M55-60) and Women Vet (W40-50)	Must be age 16 or older.	£10.00	£5.00
4	Men Ultravet (M65-70) and Women Supervet (W55-60)	Must be age 16 or older.	£10.00	£5.00
5	Men Hypervet (M75+) and Women Ultra and Hypervet(W65+)	Must be age 16 or older.	£10.00	£5.00
6	Junior (M/W16 or younger)	Must be age class M/W14 or older	£5.00	
7	Young Juniors (M/W12 or younger)	Must be age class M/W12 or older	£5.00	
8	Explorer- This is for newcomers/tourists - roughly 5k running distance that goes to some of the more scenic parts on route	Must be age 16 or older.	Senior £10 Junior £5 Families £10	
9	Short Explorer- This will probably be the same as course 6 but is aimed more at family newcomer groups to give a taster or orienteering. Roughly 2k.	Must be age class M/W14 or older unless accompanied by adult	Senior £10 Junior £5 Families £10	
10	Accessible - suitable for wheelchair users and buggies. Around 3k and steps and other routes not suitable for wheelchairs will be marked on the map.	Must be age 16 or older.	Senior £10 Junior £5	