



Western Night League – Saturday 29th January 2022
Worcestershire Beacon, Malvern Hills
Nearest postcode: WR14 4DH

Car Parking:

The start will be located in the West of England Quarry carpark.

All Malvern Hills Trust car parks are pay and display (£4.60 for the day) and are regularly patrolled by MHT wardens. There is a single ticket machine (card payment only) located at the north end of the W of E Quarry car park (coordinates: 52.103800, -2.344548; grid ref: SO 765451; what3words:///provoking.palettes.urgent).

The event car park and start are a further 500m along the track from the ticket machine.

Note: Approaching the north entrance along the B4232 from the south will involve a 180 degree turn with a rising incline; if this is too tight for your vehicle, proceed northwards for another 500m and turn round in the car park area for the piped spring on the right taking care of other road users.

Map:

Pre-marked, A4, Scale 1:10,000, updated 2021 by John Leeson (HOC).

Terrain:

Open hill tops with grass or wooded slopes, some steep, with rock features.

Course:

60 Minute Score event

26 controls totalling 600 points. 1 point penalty for every 6 seconds over the 1hr time limit. Should anyone clear all controls within the hour, a bonus of 1 point for every 6 seconds under the time limit will apply.

Controls numbered 1-8 form a 2.5km course that can be followed on or very close to paths, with control locations of yellow/orange standard. This course is only a suggestion and can be run in either direction and controls may be taken in any order (or missed out), and there are some additional controls not far off the route to tempt you to chance your luck!

Registration

Pre-entry only via Fabian4 (www.fabian4.co.uk) - there will be no entry on the day.

Start/course closure:

The start will be located in the car park. Start times from night fall (approximately between 5.30pm and 6.30pm) with the course closing at 7.45pm.

Entry fee:

Juniors and students £3 / Seniors £7.
SI-Cards may be hired for £1.00.

Punching:

Electronic Punching using SportIdent.

Safety:

All competitors take part at their own risk and are responsible for their own safety. We will be checking all competitors for a spare torch as well as their main light – and a whistle. A risk assessment has been completed, and a copy will be held at Registration in case competitors wish to consult it before their run.

In view of the exposed nature of the Malvern Hills and the potential for rapid changes in wind and temperature, competitors are strongly encouraged to wear/carry water and wind-proof hooded tops (aka cagoules) as well as hats and gloves if cold. Such clothing will be required in poor weather.

Cattle and sheep may be grazing on the hills enclosed by electric fences – take care if you come across any.

Mountain bikers are commonly seen after dark. Be aware oncoming lights may be a cyclist rather than another runner.

COVID-19 code of conduct

- Act as ambassadors for the sport of orienteering at all times and consider how their actions may appear in the eyes of landowners or members of the public.
- Observe social distancing at all times, including keeping your distance from other participants, volunteers and members of the public.
- Use hand sanitiser on arrival and departure.

Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has been asked to isolate by NHS Test and Trace should remain at home.

Dogs:

Well behaved dogs are welcome to run with their owners as long as the owners are confident they can keep them under control at all times as cattle or sheep may be grazing on the hills, within the competition area.

Officials:

Organiser & Planner: Rhys Manning (rhysmanning@btinternet.com)
Series Co-ordinator: Ifor Powell