



**Western Night League – Saturday 3rd February 2024**  
**Wyche Ridge, Malvern Hills**  
**Nearest postcode: WR13 6DN**

**Car Parking:**

The start will be located in the Gardiners Quarry Car Park (grid ref: SO 765420; what3words:///chills.letter.waistcoat)

All Malvern Hills Trust car parks are pay and display (£5.25 for the day) and are regularly patrolled by MHT wardens. An evening charge of £3.00 applies after 18.00. There is a single ticket machine (card payment only) located in the carpark.

**Map:**

Pre-marked, Scale 1:7.5k, updated 2022 by Brian Hughes (HOC).

**Terrain:**

Open hill tops with grass or wooded slopes, some steep, with rock features. There are some dangerous cliffs and quarries in the competition area. Do not cross any fences into areas marked out of bounds.

**Course:**

**60 Minute Score event**

28 controls totalling 600 points. 1 point penalty for every 6 seconds over the 1hr time limit. Should anyone clear all controls within the hour, a bonus of 1 point for every 6 seconds under the time limit will apply.

Controls numbered 1-9 form a c.2km course that can be followed on or close to paths, with control locations of yellow/orange standard. This course is only a suggestion and can be run in either direction and controls may be taken in any order (or missed out), and there are some additional controls not far off the route to tempt you to chance your luck!

**Registration**

Pre-entry only via Fabian4 ([www.fabian4.co.uk](http://www.fabian4.co.uk)) - there will be no entry on the day.

**Start/course closure:**

The start will be located in the car park. Start times from night fall (approximately between 5.15pm and 6.15pm) with the course closing at 7.30pm.

**Entry fee:**

Juniors and students £3 / Seniors £7.  
SI-Cards may be hired for £1.00.

**Punching:**

Electronic Punching using SportIdent (not contactless).

**Safety:**

All competitors take part at their own risk and are responsible for their own safety. We will be checking all competitors for a spare torch as well as their main light – and a whistle. A risk assessment has been completed, and a copy will be held at Registration in case competitors wish to consult it before their run.

In view of the exposed nature of the Malvern Hills and the potential for rapid changes in wind and temperature, competitors are strongly encouraged to wear/carry a wind-proof hooded top (aka cagoules) as well as hats and gloves if cold. Such clothing will be required in poor weather.

Cattle and sheep may be grazing on the hills enclosed by electric fences – take care if you come across any.

Cattle and sheep will be within a grazing compartment encompassing part of the competition area. The grazing compartment will be defined by an UNCROSSABLE electric fence. These are NOT marked on the map. Access to the compartment is generally available where paths cross the electric fence and gates are provided. ALL COMPETITORS PLEASE ENSURE GATES ARE SECURELY CLOSED after use.

Mountain bikers are commonly seen after dark. Be aware oncoming lights may be a cyclist rather than another runner.

**COVID-19 code of conduct**

- Act as ambassadors for the sport of orienteering at all times and consider how their actions may appear in the eyes of landowners or members of the public.
- Observe social distancing at all times, including keeping your distance from other participants, volunteers and members of the public.
- Use hand sanitiser on arrival and departure.

Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has been asked to isolate by NHS Test and Trace should remain at home.

**Dogs:**

Well behaved dogs are welcome to run with their owners as long as the owners are confident they can keep them under control at all times as cattle or sheep may be grazing on the hills, within the competition area.

**Officials:**

Organiser & Planner: Rhys Manning ([rhysmanning@btinternet.com](mailto:rhysmanning@btinternet.com))  
Series Co-ordinator: Ifor Powell